

## REASONS OF DIVORCE AND THEIR SOCIO-PHILOSOPHICAL ANALYSIS

Dildora Mirakbarova

Tashkent State University of Economics Researcher of  
Department of Social Sciences and Humanities, Republic of Uzbekistan

E-mail: dmirakbarova@yandex.com

Mobil: +998977039307 ORC ID: 0000-0003-3279-1794

### ABSTRACT

This article emphasizes that a happy and strong family is the basis of every society, only when the family is spiritually happy, material benefits are visible, demographic problems are solved and everyone can make a peaceful contribution to the development of their industry. The article examines the reasons for divorce, its secular and religious analysis. In addition, the fate and opinions of experts and divorced young people were studied through questionnaires and interview methods, and appropriate conclusions were drawn. It has been shown that the ability to study, analyze and draw the right conclusions from the problems that undermine the stability of the family, the causes of divorce, leads to a prosperous future of the family and society.

**Keywords:** The consolidation of the family, divorce and its causes, family spiritual crisis, preparing young people for family life, religiosity, secularism.

### INTRODUCTION

Nowadays situations that threaten family stability, family breakdown remains one of the global problems around the world. Divorce of families, which has serious spiritual consequences, causes mental anguish and affects people's material lives as well. For Eastern countries, including Uzbekistan, happiness in family relations, family strength is the highest national and religious value. After all, only in a calm, happy family will perfect children grow up. It is known that a person brought up in a spiritually peaceful family develops positive qualities, secular and religious knowledge, which leads to many successes in business. The Uzbek people have been paying great attention to the strength of the family for centuries on the basis of national and religious values and traditions.

Despite the consistent reforms carried out by the Government of Uzbekistan in the field of family welfare, the number of salaries increases from year to year. During the writing of the scientific article, the methods of questionnaires and interviews were used. In these questionnaires, the opinions of men, women, as well as specialists dealing with family issues who have experienced a divorce were studied. It is worth noting that it is difficult to reconcile families who have divorced with the help of questionnaires and other studies, as well as scientific conclusions, or to change something in their life expectancy. But by studying the reasons for their life experience, what they have seen, what they know, divorce, we can influence the formation of happy families by developing our own recommendations for the strength of families under construction in the future, preventing possible family problems that

may arise, changing the negative attitude of some people to their children towards divorced men and women.

### LITERATURE REVIEW

The Republic of Uzbekistan has adopted many laws and regulations to strengthen the family and family relations. Examples include the Constitution of the Republic of Uzbekistan and the Family Code. The articles in this legislation provide the legal basis for every spiritual and material relationship in the family. The law also provides for administrative and criminal liability for violations of family and family relations.

Based on the Resolution of the President of the Republic of Uzbekistan dated February 18, 2020 "On the organization of the Ministry of Mahalla and Family Support of the Republic of Uzbekistan" (Lex.uz, 2020) the ministry was established. "The Mahalla and Family Research Institute" has been set up under the ministry, and many researchers are conducting research on family sustainability. Given that education in the Republic of Uzbekistan is based on a combination of religious and secular values, the scientific article used religious and scientific literature.

A number of scientific articles have been studied to find out the attitude of foreign scholars towards divorce. David Mechanic and Stephen Hansell "Divorce, family conflict and adolescents' well-being" (David Mechanic and Stephen Hansell, 1989), Frank F. Furstenber "Divorce and the American family" (Verstenber, 1990), Aniruddh Prakash Behere, Pravesh Basnet, Pamela Campbell "Effect of family structure on mental health of children: a preliminary study" (Aniruddh Prakash Behere, Pravesh Basnet, Pamela Campbell, 2017), articles such as maintaining family independence have focused more on the impact of divorce on the physical and mental health of children growing up in a family than on studying the causes of divorce. By comparison, when divorce occurs in Uzbek families, not only the child but also the spouse, their parents and relatives are in a difficult psychological situation. This is a painful point of the Uzbek mentality.

Andi Astinah Adnan, Rabihatun Idris Rauf and others in the article "Agile leadership and divorce education: perception" shed light on the psychological and material state of the family after divorce. In their study, the authors used survey and interview methods. And 232 respondents took part in this survey. "Divorce occurs because of lack of communication, conflict, a lack of respect, conflict mismanagement, and arguments about children. Miscommunication is when the discussion between husband and wife is lacking or distorted. Conflict is the occurrence of violence on a partner or violence on children. Conflict mismanagement is the inability to resolve disputes that occur. Miscommunication about how to care for and educate children. The most common motives are lack of love, communication problems, lack of trust, and growing apart (Andi Astina Adnan, Rabihatun Andrew Rauf, Andi Argustang, Jamaluddin Ahmad, 2020). According to the authors, the reasons for divorce can be divided into 3 parts. These are: 1. Financial problems; 2. The fact that family members are not equal in decision-making, that is, they violate each other's rights; 3. To experience hatred, aggressive and negative feelings towards the former couple.

According to the authors, divorce has a great impact on the psychology and feelings of all members of a broken family, as a result of the incessant work of some parents for the purpose of material well-being, a child left in the hands of one of them, in most cases remains alone and unmanageable at home, emotional closeness between parents and it is for this reason that families who are divorced or divorced know about divorce and its consequences, it is necessary to avoid possible misunderstandings. "Divorce education is implemented to improve harmonious relationships in childcare activities so that children continue to feel the love of divorced parents. Consist of standard requirements, like financial, spiritual, environmental, emotional, social, physical, and intellectual needs should be balanced while still paying attention to the growth and development of children from the results of parental divorce. Early childhood and adolescents desperately need a harmonious partner relationship in their developmental age".(Andi Astina Adnan, Rabihatun Idris Rauf, Andi Argustang, Jamaluddin Ahmad, 2020)

Bram Hogendoorn, Thomas Leopold and Thijs Bol in the article "Divorce and diverging poverty rates: a risk-and-vulnerability approach" (Bram Hogendorn, Thomas Leopold and Thijs Bol, 2020) emphasized the impact of higher and lower education and its impact on sustainability, improving the material life of the family. The authors said in this article that people with higher education will have a late but strong family, and people with lower education will find it difficult to create an early family, mainly for the materialization of the family, and there will be many cases of divorce between them. The article notes a sharp difference in the financial situation even after the violation of the families of people with lower and higher education.

## METHODOLOGY

In this scientific article written about the causes of divorces and their analysis in Uzbekistan, comparative analysis, comparison, systematization of theoretical methods was used. To study the practical analysis of a scientific article, field research, i.e. questionnaire and interview methods, were used. The questionnaire focused on quality indicators rather than quantitative indicators. The practical methods were used as follows:

1. First of all, an interview was conducted with specialists. In addition to the strict questions, additional questions were also answered during the interview. During the interview, 7 specialists took part with their opinions.
2. A questionnaire was compiled for divorced men and women. We wanted to first go through this questionnaire directly with the courtesy of the divorced themselves. Unfortunately, most people either disagreed with the questionnaire, which was conducted directly because of our stupidity, or because of unpleasant circumstances in their lives, which they no longer remembered. For this reason, an electronic form of the questionnaire was created. The electronic questionnaire was distributed through many Telegram groups and the Facebook Internet network. In total, 23 participants took part in the survey.

The purpose of this is to get acquainted with their life and work experience through interviews and questionnaires with specialists and divorced young people and to popularize the conclusions they receive from them.

## ANALYSIS OF DIVORCE AND ITS CAUSES BY THE EXAMPLE OF THE WHOLE WORLD

In the Family Code of the Republic of Uzbekistan, "A marriage may be dissolved by dissolution of marriage in accordance with the application of one or both spouses, as well as in accordance with the application filed by the court, the Guardian of the husband or wife, who is declared unfit for treatment"(Lex.uz, 1998), defined as. The dissolution of marriage is carried out in accordance with the relevant procedures and circumstances, in court or in the bodies registering acts of civil status.

In every family there is a dispute and disagreement. In two different families, minors in two different family situations, understanding each other by people whose worldview is different, compromise is necessary to manage the family, of course, for a certain period of time. A person who respects himself and his closest relatives, ignoring various disagreements and mistakes, tries to find and eliminate the causes of his origin, and not the culprit of the problems.

According to the data, the top ten countries with the highest divorce rate in the world include: Maldives, Belarus, Belgium, Russia, USA, Ukraine, Portugal, Czech Republic, Sweden and Hungary. (Female rambler.ru, 2019) many of these states point to the conclusion as the main reason that the family is not provided with the material security of a man, that is, unemployment, financial difficulties associated with equal work of women with men, and that one of the spouses has chronic alcohol consumption.

According to a study conducted by experts, the majority of divorces in the world, that is, 40% of them are families lasting up to 4 years. The finding is observed mainly among young people aged 18 to 35 years.(Zamin.uz, 2018) Between the annulment records, it is sad that there are also divorcees who have been married for 50 years or more, sharing the good and bad days of their life together.

In the USA, when 266 family problem-solving counselors were interviewed during the survey period, they noted that 9 out of every 10 families who turned to them for help would confirm that a difficult child was in a relationship. Of these difficulties: communication difficulties - 86.6%, related to children and their upbringing - 45.7%, sexual problems - 43.7%, financial problems - 37%, cultural problems - 37.6%, relationships with children - 28.4%, insecurity between a couple - 26.6%, Economic affairs - 16.7%, physical violence - 15.6% and other problems. (Fayzieva M.H., 2005)

According to research conducted by scientists from all over the world, family disorders are caused by the fact that young people do not know each other well, marry in a hurry, the diversity of character and worldview affects family life, young people are not ready for family, interference of third parties in the family, infidelity, alcohol and drug use. It turns out that today 42% of divorces in the world are caused by the fact that young people are not ready for family life. (F. Babadzhanova, 2015) in most cases, when they say "not ready for family life," many elderly people understand that household chores in the family cannot be disturbed, lack of order, etc. But that's only part of the case. And the main side is occupied by the psychological state of the couple. Cases such as the fact that a couple does not understand each other, does not even try to understand, puts their "I" first in the family, does not fulfill equal responsibilities in living together, raising a household, a child, offend each other using obscene words, insults,

ignoring each other's feelings, material well-being, instead of compromising, increasing the scandal.

### REASONS FOR DIVORCE IN UZBEKISTAN

According to the State Department of Statistics of the Republic of Uzbekistan, there are 8.5 mln in our Republic today. It will be home to a close family. There are, that is, in January –June 2021, there were 19,407 cases of divorce registered with the family authorities. This figure is 34% higher than in the same period last year. It is noted that in 2020, divorce applications were collected due to restrictions on the activities of the judicial system, which caused a pandemic, and as a result, the number of divorces increased sharply at the beginning of this year. According to the State Statistical Office, there are a large number of awards in the regions of Tashkent city, Ferghana, Samarkand and Tashkent regions compared to other regions. To date, the family divorce between people under the age of 30 is 3,674. (Kun.uz, 2021)

As a result of surveys conducted by specialists in Uzbekistan in 2021, several main causes of family problems were identified:

- Disagreements between couple's spouses (48.8%);
- Interference of parents and other third parties in family life (17.4%);
- Insufficient knowledge of family and family relations (11%);
- Unemployed, material shortage (6.3%) and cases of migration (3.5%);
- Harmful habits. According to many sociologists, the deterioration of the condition of families was defined as caused by disorders such as drug abuse and chronic alcohol consumption (5.5%);
- Indifference (5.3%);
- Cases of violence in family of various manifestations (physical, mental, sexual, economic), etc. (Kun.uz, 2021)

The reasons we have studied above are among the reasons for divorce in Uzbekistan. In other words, the reasons for the appearance of the "new" also increase from year to year. It is worth noting that some of them are just "excuses" for some if there is no other remedy than divorce. Neither material nor spiritual benefits can make a person happy when he himself is not fighting for this happiness. When the couple does not strive for happiness, the family will break up.

### ANALYSIS OF QUESTIONNAIRES WITH DIVORCED PEOPLE

In order to prevent divorce, a survey was conducted among young people who have divorced. 23 participants took part in the survey. The reason why the questionnaire was anonymized was that the personal data of the participants was kept secret, and this helped the participants to answer questions freely. Of the people who took part in the survey, 17 (73.9%) were women, while 6 (26.1) were men. The age of participants was determined in the requested paragraph: 1 (4.3%) participants aged 18 to 21 years, 1 (4.3%) participants aged 22 to 25 years, 4 (17.4%) participants aged 26 to 29 years, 8 (34.8%) participants aged 30 to 35 years, 9 (39.1%) 36 and elder. It is noteworthy that the respondents who participated in the survey indicated their age at the moment, since most of them divorced a few years ago. And young people do not want to participate in such surveys, talk about this topic in order to forget about this stage of their lives, because their wounds are still fresh. The next paragraph of the questionnaire is devoted to the

data of the participants, according to which 20 (87%) of respondents are people with higher education, 3 (13%) with secondary special education. Although marriage is a decision of two people, divorce does not affect the fate of not only two people, but also members of the whole family. For the same reason, in the questionnaire "do you have children and how many of them?" a question has been added. 3 respondents (13%) said they had "no children", 9 (39.1%) said they had children from 1, 4 (17.4%) said they had 2 children, 7 participants (30.4%) said they had 3 children. And the answer "I have 4 or more children" remained open.

"How did you meet your ex-husband? to the question" 15 participants (65.2%) admitted that they got married through matchmaking, and 8 of them (34.8%) admitted that they had known each other from the very beginning, that is, they were family acquaintances, studied or worked together. Family builders familiar with "via Internet networks" did not participate in the survey.

As you know, the dating period before the wedding is an important period for two young people to get to know each other, to adapt to each other's character. Unfortunately, this period is very rare for most Uzbeks. 6 participants (26.1%) said 1 month or less, 7 people (30.4%) said 2-3 months, 7 (30.4%) respondents said 6 months, 3 (13%) people met each other in the pre-wedding period of 1 year or more.

Each person has their own views, requirements for choosing a couple. In the questionnaire, "why exactly did you build a family with this person (the reasons for your choice, the characteristics that attracted your attention in this person, and other factors)?" to the question everyone proceeded from their own worldview and answered. In order for the participants to answer this question in accordance with their own worldview, the options were not indicated, leaving empty fields for their thoughts. 21 participants (91.3%) answered this question, and their opinion is given below: "Young, since I was 19 years old, I did not have any concepts related to family. I got married because everyone will be brides. The sight of the young man fascinated me"; "I was forced to marry the that man"; "because he respected women"; "I knew he was loyal and educated"; "I thought he was a man who took his age seriously, with responsibility for life"; "he liked"; "she was my partner's sister"; "because he was educated"; "I was young and I thought I loved her" "The family was financially good," the answers were received. Of these responses, 7 of them (33.3%) stated that they had married by "parents' choice", 3 of them (14.2%) were forced to join a family, 1 of them (4.7%) did not know why they chose this person.

"When did reconciliation begin in your family and what are the reasons for this?" the following answers came from 21 participants (91.3%) to the question that was asked: "After a month from wedding. Before the wedding I met the groom only 3 times, that's why didn't know him well. After I found out that all the words about him was lie, it became relieved that the groom was irresponsible, his worldview was narrow, he lied a lot, then disagreements arose" after the wedding, 2 months later. He started disrespecting me, he acted on the instructions of his mother"; "After my 1 child was born," "Just from first week of bridal time she started arguing" 4 participants (17.4%) expressed their opinion about "1 months after the wedding", 4 of them (17.4%) said "just after our marriage, 2-3 days after the wedding".

"How long did your family life with your ex-spouse last?" 21 (91.3%) of participants answered the question, 3 (13%) of respondents 1-6 months, 2 (8.6%) 1 year, 4 people (17.4%) 1-3 years, 7

(30.4%) 4-7 years, 4 participants (17.4%) 8-10 years, 1 (4.7%) they said that they lived with a family with former spouses for more than 10 years.

In the paragraph "the reason for your divorce", the reasons for the divorce of young people were studied. Sometimes, taking into account that there may be several reasons for divorce, respondents were told that they could identify several reasons and write down their own other reasons that are not specified. Of the 23 registered participants, 20 (86.9%) answered this question. 12 (52.1%) participants indicated the reason why "character and interests are incompatible, one or both parties are not ready to create and manage a family"; 3 of them (13%) stated that "early marriage"; 10 of them (43.4%) "Interference of parents and other persons in the family"; 6 of them (26%) "Economic insolvency"; 4 participants (17.4%) "Harmful vices (alcohol, drugs and psychotropic substances)"; 3 of them (13%) "Indifference"; 8 of them (34.7%) "Were subjected to various types of violence (physical, sexual, economic, mental) in the family"; 9 of them (39.1%) "treason"; 1 of them (4.7%) "irresponsibility, indifference, lack of self-opinion"; 2 people (8.6%) "Do not respect me and my family members"; 1 of them (4.7%) "Seductive, incomprehensible and thievish"; 1 (4.7%) cited the reasons for "health problems" who had drapery before the wedding.

"If your ex-spouse makes an offer to remarry, will you agree and why?" 18 people (78.2%) answered the question, of which 13 (56.5%) of the participants said "no". And 3 people (13%) said that they could reconcile again for the sake of their children. 1 of them (4.7%) said that they tried to reconcile, but there was no positive response from the second side. While another 1 participant (4.7%) said: "I agreed. Worrying about the fate of my children I remarried and it lasted for 2 years. But if a person does not work on himself and does not eliminate the defects, if he does not learn something from his mistakes he will not change at all. It is pointless." stated she.

"Would you agree to start a family with another person?" - 21 respondents (91.3%) answered the question. 9 of them (39.1%) "Yes", 7 of them (30.4%) "No", 2 of them (8.6%) "I haven't thought about it yet", 3 of them (13%) noted the answers "I'm married and happy".

"How old was your child (children) when you divorced your ex-spouse?" 20 (86.9%) of participants answered the question 5 (21.7%) of respondents were "Not born yet", 6 (26%) were approximately "1-3 years old", 7 (30.4%) of participants were "4-7 years old", 3 (13%) were "8-12 years old", 1 (4.7%) were "13 years and older".

"After your divorce, under whose guardianship did your child(s) remain?" - 20 (86.9%) of the participants answered the question. 1 of them (4.7%) determined the Participant's answers "Under the supervision of his father", 7 (30.4%) "Under the supervision fully of his mother", 10 (43.4%) "Under the supervision of his mother (with the material and moral support of his grandparents). Variants, such as "Under the supervision of a grandparents" and "under the supervision of relatives", are not marked.

"How has your divorce affected your child (children)?" The options were not specified, and participants were asked to express their opinion. Below are examples of thoughts: "Bad"; "Depression"; "Time will tell"; "I think good, because of the reason of neutrality of the father and his family, and the Virgo Chakra got rid of it and became calm"; "he does not know his father"; "Of course bad. But it's good that he grew in a family in peace, without arguments and

fighters"; " He was less talkative compared to other children, he has eyes looked sad"; "Stayed aggressive"; "Affects on his psyche"; "I do not know how to rest. With my children, we don't talk about dad at all"; "The negative side: he had a distrust of people and suffering from socialization. But by the time they flexed themselves doing it. They live freely, have their own opinions and can freely express their opinions. They adhere to a positive approach to life, recognizing that life is a temporary test of problems, difficulties. They try to find a solution to this problem without running away from the problem. As long as there are no cases of aggression, miscarriages among all orphans. It depends on the family, which they were brought up."

"Will the child (children) meet with your father (mother) and how do you look at their relationship?" from 18(78,2%) 8(34,7%) the participants gave the answer "no". This was indicated by the fact that his father or mother her did not want to meet, the reason being that her father had never seen their children. Also: "I gave my kids a phone number in case they can talk if they want. My children said that, according to them, "We have nothing to talk about." And 6 (26%) of the participants answered "Yes".Some said they were reluctant to allow it, some said they were only allowed to talk on the phone. "I will never resist. I think my children will draw their own conclusions when they grow up. There is no need to make it worse."

### ANALYSIS OF INTERVIEWS WITH EXPERTS

It is known that attention to the study of family relations in Uzbekistan is growing every year. While many scientists conduct their research in this area, experts share their skills and competencies in their work. Interviews were conducted with 7 family experts who believe that it would be wrong to draw conclusions about the current scientific landscape of the family without examining their views. All of the respondents to this survey were people who are working to strengthen family relationships, and the opinions and responses in the survey were provided by experts aged 30 to 72 years.

"What are the main causes of family conflicts and why?" doctor of philosophy sciences Saifnazarov Ismail (philosopher), showed that the cause of family conflicts was economic and other imbalances between families, material poverty, ignorance, illiteracy, illiteracy in the family, and so on, doctor of pedagogical sciences Musurmonova Oynisa (pedagogue) considers economic benefits in family disputes, forcing young people to marry, giving priority to morality and spirituality in marriage, cases of early marriage and premature birth (14-15 years old girls), young people get married without knowing each other, migration cases are listed. According to doctor of law sciences Yusupova Nigora (lawyer), young people are not ready for early marriages, that is, marriages between the ages of 15 and 16, and children are not aware of family life, interference of third party intervention in the family, illegal use of the Internet online infidelity to his wife and others. According to TV journalist Nigora Tulaboeva (TV journalist), misunderstanding in the family is caused by rudeness, ignorance, intolerance and spiritual weakness. Zokirova Rano, an expert on family issues (expert), referred to illiteracy, rudeness, lack of religious knowledge, third party intervention, not accepting the spouse as an authoritative person and trying to change him. Psychologist Rakhimova Dildora (psychologist), in the process of working with people, noted the following as family conflicts: social inequality



of families, misunderstanding of young people, ignorance of the family, especially sex education, materialism, one or both spouses through social networks, betrayal and others. Doctoral student Tolibov Abdurauf (doctoral student) gave examples of financial insolvency, sexual dissatisfaction, differences in the worldview of young people.

“How many divorces are there today and in what age groups? What are the reasons for this?” Answering the question, all respondents stated that according to statistics, discrepancies were observed among young people aged 18 to 30 years. According to the pedagogue's observations, divorces are mainly observed in families under 5 years old, the main reason is the disagreement between the mother-in-law and the daughter-in-law. The philosopher, on the other hand, quoted “Disagreements” especially between mother-in-law and daughters-in-law are growing, because in the age of technology, people are not working on themselves and had a lot of free time and this causing many arguments. According to the psychologist's observations, there are now many divorces between families, which are formed over a period of 1 to 6 months. This was mainly due to the participation of third parties in the family, the leakage of family secrets outside the family and the fact that young people do not have their own independent opinion. According to the psychologist, there are families who divorced for 15 days due to materialism, pride in wealth and neglect of each other among young people. Unfortunately, it is a pity that the reasons given by divorced young people come from very small and insignificant things. The expert noted that in his work recently, many young people get divorced in 40 days, 4 months. The expert says that the groom's family does not allow the bride to adapt to the new family, that the bride, who has formed as a person, is trying to break her inner “I” and make her own judgment: “What can you do?”, “Where are you going?” With such sarcasm that it made the girl hurt her pride. According to the lawyer, the decisions were made between families formed within 4-7 years, and that the main reason was the interference of third parties in the life of the family. The TV reporter said that there is no age limit for divorce, mainly because divorces are observed among young couples, because young people still do not understand the true meaning of family and marriage and put their self in the first place. According to the doctoral student pointed out that getting married without being ready for family life leads to divorces. In the research section "Negative consequences of divorce" the TV journalist noted that divorced people lose trust in people, begin to feel uncomfortable among people, and experience social isolation. The philosopher said that it is difficult for divorced people to socialize, especially for women, and that society has a negative attitude towards divorced people. According to the pedagogue, the low likelihood of remarriage among women in comparison with men emphasizes the negative attitude of society towards their morality. According to the expert, it is difficult for a divorced woman to get married again and be happy when she gets married. Rarely do children adopt a stepfather, and a woman is caught between two herbs. The psychologist noted that suicide is more common among divorced women.

When asked about “the impact of divorce on the relatives of divorced people” they all responded that divorce would negatively affect the children of divorced people. For example, children with divorced parents have psychological changes, aggressive behavior, parenting disorders, a tendency to deviant behavior, anxiety, self-doubt and unconfidence in the future, especially the fear of adult girls before marriage, gossip, a sense of innocence, a child's inability to feel free

even in the house of grandparents, the early end of childhood, and so on. It is difficult for such children to find and develop their place in society as an individual. Rarely, less than half of orphans expressed the opinion that they can feel and express themselves as full-fledged people in society. Of course, this is not a harsh sentence for every child. According to the data obtained, this type of self-controlled children has their own independent opinion, they can make their own decisions, without waiting for others to solve the problem, have their own position in life, purposefulness. The personality and development of each person depends on himself and his family members, as well as on the family environment. Evil does not come from children who are supported, loved, and trusted. According to the psychologist, divorce also negatively affects the marriage of a divorced person's brother or sister. They are afraid to give the girl to a family in which there is a man divorced because of public opinion, mentality, and they take the girl away. According to the lawyer, the parents of young people want their children to get married as soon as possible and their grandchildren to grow up. But in a hurry they and their dear children often suffer. There is no more severe punishment for parents than moral responsibility for the future of their child. Also, if the relatives are engaged, the divorce will lead to disputes between the relatives and they will become invisible.

When the respondents were asked: "What is your advice to young people who are on the verge of divorce," the psychologist replied: "Only a calm person in the family can benefit society. The verb needs to be expanded and tested with gratitude and patience", said the expert. Insufficient attention to family education, lawyer legal literacy and culture, inability to maintain a balance in all areas can negatively affect the strength of the family, the doctoral student said: "Think about those around you!" made recommendations.

## DISCUSSION AND CONCLUSION

Having studied the opinion of specialists with experience in the above issues of divorced youth and family, it was concluded that the foundation of a strong family should be laid much earlier than after the creation of a family. By preparing young people for family life, it is possible to solve not only family problems, but also material and spiritual problems that belong to society and the state.

Preparing young people for family life is a complex and responsible process that includes physiological, medical, psychological, legal, moral, spiritual, cultural, hygienic, social, economic and physical aspects. According to world experience, the preparation of teachers for family life is included in school curricula. In particular, in Sweden since 1942, in the Czech Republic and Slovakia since 1960 there have been "principles of fatherhood and motherhood", in Japan there are courses "preparation for family life" in primary education, and in Poland since 1973 there have been special courses "adaptation to family life". These courses teach young people knowledge about family laws, concepts, and family psychology. In our country, preparing young people for family and marriage relations is an important task. In this regard, it is necessary to teach young people the concepts of family in all parts of the education system. (Akramova F. and others, 2019)

The Department of Social Sciences and Humanities of the TDIU is working on a monograph and a textbook on the rules of family solidarity, spiritual and material rights of women and

men in the family, gender equality and the morality of the Islamic religion. Our proposals in this regard indicate the need to include the subject "family spirituality" in the curriculum of higher educational institutions. The reason is that most Uzbek young people get married during their student years. And if knowledge about the family is acquired before the creation of a family, it will serve to strengthen the family.

The word "human" comes from the Arabic word "nisyon", which means "forgetful". A person with the quality of "forgetfulness" forgets patience and compromise when faced with the trials of life. Forgetting the happy moments, they had with their spouse, people who can't imagine their lives without each other become two rivals. They break their hearts like crystal vases by saying harsh words to each other. It cannot be fixed again. Dehydrated flowers suffer because in this vase the flower can no longer be watered. In the same way, the unhealthy environment in the family, the angry decision, can cause sadness in the eyes of children, the breaking of small hearts. In conclusion, it is important to find a solution to the problem of family stability, divorce and their prevention on the basis of religious and secular knowledge, universal, national and religious values.

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