

## THAT THE GREATEST SPIRITUAL NEED IS COMMUNICATION

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### ABSTRACT

This article discusses the role of communication as a spiritual need of man, its socio-philosophical essence and aspects that are inextricably linked with the spiritual maturity of the individual.

**Keywords:** Communication, need, spiritual need, sociality, society, language, communication culture, etiquette.

### INTRODUCTION

In order for a person to grow in all respects and to function in society, he must first and foremost satisfy his own needs. After all, the development of a society depends on the satisfaction of different needs and the emergence of higher new needs. To fully understand the nature and content of needs, it is necessary to consider their various manifestations. "In science, needs are classified according to several criteria, including the biological, material-economic, and spiritual-spiritual types of needs depending on the object." [1, 321] These types are interrelated and passes to each other. Biological needs include things like water, air, food, as well as aspects such as sleep and the need to procreate. Material and economic needs are specific to human and social systems and include the need for food (clothing), clothing, housing, transportation, raw materials, means of production, machinery and technology. Spiritual needs include morality, art, justice, values, goodness, faith, love, and friendship.

Man's pursuit of freedom, justice, love, beauty, perfection, and the pursuit of his creative potential is due to his spiritual need. Spiritual needs are inextricably linked with material needs, and the process of satisfying the resulting spiritual needs is carried out with the help of material things that are part of material needs. Human cultural and spiritual needs develop due to the increase of life experience, the expansion of the level of knowledge, the acquisition of special exercises, the constant adherence to the rules of social life, changes in attitudes to things and events.

As a person grows older, he is faced with new challenges. Their fulfillment creates new, relatively complex, essentially profound forms of need. Timely satisfaction of needs is a key factor for a person to live and be active. A. Erkeyev considers the growth of human needs and the development of spirituality as an interrelated phenomenon, noting that: "The development of spirituality is closely linked with the growth of needs. As needs increase, so does spirituality. And developed spirituality requires high needs. Advanced spirituality is the satisfaction of a need and at the same time the birth of a new need that is higher than the previous need." [2, 221]

Along with spiritual needs, the need for communication plays an important role in personal development. It is impossible to imagine the formation of a person as a social being, his spiritual development, his relationship with others, the formation of the individual as a person without communication. After all, before thinking about the importance and necessity of

communication in the system of human needs, it is necessary to have a deep understanding of the concept of communication and its content.

Communication is the process of establishing, developing and interacting with people based on the need for people to live together, work together and work together to meet their needs. The types of activities that everyone does in society (reading, playing, creating, working, trading, etc.) include forms of interaction and interaction. Because any business requires people to communicate with each other, pass on different information to each other, exchange ideas, or ask each other for something. Therefore, the place of each person in society, his reputation, the success of his work and the essence of true humanity in social life are directly related to his ability to communicate.

The importance of communication at all stages of human and social life can also be seen by studying the lifestyles and work activities of people who lived in ancient times. In particular, an important aspect of communication at that time can be explained by the emergence of language and thinking and the social function of language.

Language is the most important means of communication that helps people communicate with each other. After the advent of language (which scientists believe occurred during the primitive community system), society began to develop rapidly. Just as the human mind came into being through labor, so language came into being through human labor. At a certain stage of human development, more precisely during the primitive social order, when people worked, there was a desire to express their thoughts and feelings to each other, and this led to the emergence of the first simple language. Igan. More precisely, language and thinking are formed due to the need for communication.

There can be no society without language, no language without society. Therefore, language is a social phenomenon. Language belongs not to an individual, but to society as a whole, is formed and developed with the help of members of that society, and is the primary means of communication.

Communication is a human process. This is because communication is directly related to the mental world (psychology) and the mental world (thinking) that make up the human mind. At first glance, it may seem that even living beings, even though they do not have speech, interact with each other, that is, in a sense, they also need to speak in their own "tongues." . For example, when dogs see each other, or when they feel danger, when they hear a sound, when roosters crow, when horses gallop, or when monkeys in a zoo "talk" to each other through various movements. possible. However, animals do not interact with the mind, thinking and heart as humans do when interacting, because they do not have these qualities unlike humans. They interact only with the purpose of instinctual danger or about food, or in search of a mate to leave offspring, using the first alarm system (shouting, reading, moaning, singing, screaming, etc.), as noted by academic IPPavlov "Connected". From this point of view, it can be said that the process of communication is unique to humans in biological beings and, unlike animals, is directly related to the human mind, thinking, psyche and other characteristics.

The concept of communication is defined in the scientific literature, in particular, in the Uzbek dictionary it means "meeting", "seeing", "receiving". [3636] That is, the process of communication takes place in the process of meeting, seeing, and receiving.

The Dictionary of Psychology defines the concept of communication in two ways:

“1. Communication - the process of establishing and developing communication required by the needs of collaborative activities;

2. Communication is the interaction of subjects through a system of signs.”[4, 5]

Communication stems from the social and intelligent existence of man. Through it, a person socializes and reveals himself as an intellectual. Communication is the basis of any social activity, creativity, production and consumption,

future plans are based on formulation and implementation. Without communication, a society cannot be formed by itself. As a society develops, a person's need for communication increases, as does his need for new information, knowledge, skills, and new connections. This can be achieved through direct or indirect communication.

Man, as a conscious, socio-cultural being, is important in that he has biological, material and economic needs as well as spiritual needs. In this regard, A. Erkaev in his book "Spirituality - the symbol of the nation" divides spiritual needs into types and explains them: "Spiritual needs are complex and multifaceted, they are relatively independent. forms are available. Among them are the needs of knowledge, the needs of communication, the needs of creativity, the need to materialize (realize) their potential.”[5, 223] Although these spiritual needs are diverse, earns. In particular, man realizes himself as a person in materializing his potential, in communication, and in knowing the world. “Communication, especially spiritual communication, realizes, nourishes and develops the most important aspects of human nature - sociality and consciousness. Through spiritual communication, man expands his horizons, clarifies his views, and strengthens some of his feelings and perceptions.”[5, 224] At the same time, Ludwig Feuerbach said: cannot be a thinking being. The essence of man emerges only in communication, in the unity of man with man, that is, in the unity based on the real difference between Me and You.”[5, 223]

“Through spiritual communication, a person understands both others and himself, finds partners, feels needed by others. A person with very limited spiritual communication, on the other hand, becomes depressed and feels overwhelmed and useless in this world. His need to know the world also diminishes. He who has a variety of spiritual communication tries to learn more and enrich his knowledge.”[5, 224]

Communication is a high spiritual need for all human beings and society as a conscious, social being. This need has existed since the beginning of man on earth. In the primitive times, the first people were more in touch to meet their material, biological needs. They interacted to overcome various dangers together, or to capture a prey and work together. The communication of the primitive people was simple, narrow (their communication was not sufficiently spiritual, cultural). This is because neither the thinking nor the speech of the first people were sufficiently formed. They communicated using most gestures. Later, with the advent of language and the formation of speech, as a result of people's better understanding, comprehension, and exchange of ideas, their consciousness, reasoning, thinking, and communication processes improved to a certain extent.

In today's world, everyone, especially the younger generation, must develop a culture of interpersonal communication and manners. This is because, as mentioned above, any activity: reading, studying, sharing experiences, research is all done through interpersonal



communication. In order to communicate effectively with people and to be proactive in dealing with them, one must not only eliminate, but also shape, one's vices such as shyness, indifference, selfishness and indifference. In this regard, the First President of the Republic of Uzbekistan I.A. Karimov: "First of all, it is necessary to strive for knowledge, and secondly, to learn from others without hesitation. I want to tell my children, my dear children, never be ashamed to study and research. As long as a person lives, he will study for the rest of his life. There is never one person who ignores others because he knows everything "[9,248].

Conversing with people, being in constant communication, shapes human thinking and speech, while those who avoid communication altogether and avoid social circles lag behind in development in both thinking and speech. Kaikovus's Nightmare, for example, provides solid evidence: First of all, it can be proved that if a boy is born to his mother, if he is given milk somewhere under the ground and cared for there, if his mother and midwife do not speak to him, then the boy does not listen to anyone. , when he is great, he will be dumb. If I don't see it, all lolls will be deaf. "[10, 55]

The need for human communication arises among people, that is, in the social environment. In complete isolation from society, man is like a dumb man. Because a person's speech and thinking are formed both in society and in the educational process through communication.

This means that communication is one of the most important human activities, it satisfies the most important human need - to live in society and to consider oneself as an individual.

In conclusion, the spiritual growth of the individual is inextricably linked with the birth of the need for communication and its satisfaction.

First, in the process of communication, man begins to understand the essence of them and the various problems associated with them, based on the interaction with the various objects-phenomena in existence;

Second, unresolved problems in society are resolved in the process of communication, creating a balance in society and increasing its development;

Thirdly, the influence of the external social environment on the formation of the human personality is enormous, and a person matures only in society, by establishing interactions between people. The social environment is a factor that reveals the true nature of man (whether he is a thinking, conscious, intelligent, spiritual, cultural being);

Fourth, interpersonal communication is important in society for an individual to acquire any type of activity, including professional skills, and to realize his or her existing opportunities and abilities;

Fifth, especially nowadays, a wide range of opportunities has opened up for entrepreneurs, entrepreneurs and high-potential young people, which requires them to communicate effectively with the public in their interaction, and the communication process is an important tool in this regard.

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