

THE ROLE AND SIGNIFICANCE OF BOOK READING IN FORMING A SENSE OF THREAT AMONG YOUTH

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ABSTRACT

In this article, opinions on the importance of the book in forming a sense of threat resistance in young people and strengthening their moral immunity are presented.

Keywords: Threat tolerance, threatened youth, reading among young people, book reading, reading culture.

INTRODUCTION

Today, there are also different approaches to researching the sense of threat in young people. The most common of them are political, historical, philosophical, sociological, axiological, functional, didactic, semiotic, anthropological and humanistic approaches. Although each of these approaches has its own meaning, it should not be forgotten that their commonality is clearly manifested within the threat tolerance characteristic of every person.

When experts think about the threat tolerance that is typical for young people around the world, our region, and our country, they pay special attention to the broad and extremely specific nature of the topic, the need to be aware and vigilant about this concept and the feelings that are formed on its basis, resistance to various threats and any dangers.¹

Also, research conducted by representatives of various disciplines, while simultaneously applying life experience and practice, takes different approaches to forming, developing, and protecting a sense of resilience to threats in young people.

At a time when it is sometimes difficult to predict the rapidly changing face of the world, our people are confidently looking to the future, the correctly chosen path of development is showing its first fruits, and representatives of a new generation are entering the field with new thinking, zeal, and courage. The importance of spiritual education in strengthening independence, ensuring sustainable development, preserving peace and stability in the land of Uzbekistan is increasing.

The new century of development is a time when a new era, a new era, has begun in the history of humanity. It is clear to all of us that intelligence, rich thinking, deep thought, moral and spiritual purity, and spiritual purity are gaining great importance as important factors of civilization. After all, our First President Islam Karimov said, "The 21st century should be the century of enlightenment²", he had this very need in mind when he prophesied.

It is known that in today's world, where various conflicts are intensifying, it is more urgent than ever to strengthen the spiritual immunity of our youth and spend their free time meaningfully.

¹ Pakhrutdinov Sh. "Threat is a destructive force". –T.: Academy, 2006; "Threat tolerance" – an important condition of modern society // Civil society. -Tashkent, 2010. -№ 2; Ergashev I., Sharipov B., Zhakbarov M. Liberating society and spirituality. –T.: Academy, 2002. – P.60.

² I. Karimov. Security threats, conditions for stability and guarantees of development of Uzbekistan on the threshold of the 21st century. "Uzbekistan". Tashkent-1997. p. 267.

In recent years, certain work has been carried out to comprehensively support the youth of our country and protect their rights and interests. In this process, the Law "On State Youth Policy in Uzbekistan" is being implemented.

In the reforms being implemented under the leadership of our esteemed President Shavkat Mirziyoyev, special emphasis is placed on further increasing attention to our youth, involving them in culture, art, physical education, and sports, developing skills in using information technologies, and promoting reading among the youth of our country.

In recent years, special attention has been paid to the promotion of books and the development of reading in our country. The declaration of 2020 by our President as the "Year of Science, Education and the Development of the Digital Economy" is fully consistent with the noble idea of "From National Revival to National Progress."

"It is necessary to teach our children to small books from the kindergarten age, from the elementary grades, and thus make them grow up to be book lovers. Only then will a reading atmosphere be formed in our society, and others will return to reading books."³, there is a deep philosophy in the very fact that he specifically emphasized that. When you read a work of art, your heart is filled with boundless joy, and you are inspired by it. Because the heartache of the hero in the work becomes your own. Because for a person who loves to read, who is familiar with books, there is no closer friend than a book.

Abu Bakr al-Khwarizmi was on his deathbed. He was asked: "What is your heart yearning for?" He said: "Let me look at the face of the book!"⁴ a person who loves his life loves the book. Because the book is the dictionary of life, a life-giving balm, a painkiller, a companion, a teacher, and an inspiration.

Maulana Jalaluddin Rumi said: "Open the eyes, and let the heart become the eyes." The book is the opener of the eyes of the heart. As is known, the role of books in satisfying the intellectual and spiritual-aesthetic needs of the population, especially the younger generation, and in educating young people as independent thinkers, with a strong life position, truly patriotic and spiritually mature people is incomparable.

The spiritual nourishment that a book provides cannot be obtained through any other modern technical means. Because a book is such a spiritual force that, if the interpretation is permissible, it can be called a kind of educational and spiritual worship.

Although we live in an age of high technology, the value of books has not diminished. At the same time, it is repeatedly emphasized in various forums that reading books, the culture of reading, and the acquisition of skills are the primary virtues of a person's personality, the leading sign of his intellectual appearance. History is witness to the fact that our grandfathers and grandmothers considered this blessing sacred and, before holding it and wrapping it, they would place it on their foreheads and perform tawaf (circumambulation). Many people continue to argue that traditional and electronic books are replacing each other. So, is it possible to distinguish them from each other?! Logically, they cannot be divided into opposite poles. Electronic reading is a modern form of traditional reading.

³ A. Fayziev. The book is a source of spirituality. There is no post in the post. N:10(4448/4366). "Uzbekistan"

⁴ A. Mahkam translation. Avesta. Historical and literary monument. "EAST". Tashkent-2001.5-page.

Finally, we are confident that convenient, affordable, modern Internet literature will become widespread in the future. Then there will be no need to complain about the small number of newspapers, magazines, books, thousands and millions of readers will be able to read the work on one site at the same time and enjoy it endlessly.

Considering the demands of the times, not taking advantage of the possibilities of e-books would be like ignorance.

However, what does it matter to someone who holds a real printed book in their palm, presses it to their chest, reads it without rushing, as if it were a treat for their eyes, and reads it with pleasure and full of pleasure?

Books are a source of spirituality. Reading is the crowning glory of human needs. The decline in interest in reading, in turn, has a negative impact on the level of literacy of the population and poses a great threat to the sustainable development of society and the state. Reading calms the nerves, not only helps to make a person educated and spiritual, but also contributes to his health. Not everyone in life is free from problems, and most of us go through some kind of anxiety. In such situations, a person who has read a lot of books will find the strength to find a way out. In this process, it is not out of the question that a person who has not read books will be helpless in the face of the problem. That is why reading has great benefits in calming the nerves, relieving fatigue, and strengthening memory and hearing.

Therefore, a number of practical measures are being taken in our country to promote book reading among young people and educate them to be familiar with literature.

Therefore, the five important initiatives put forward by our President are of great importance. It should be noted that the fourth item of the five important initiatives of the head of our state to establish a new system of work in the social, spiritual and educational spheres is aimed at organizing systematic work to raise the spirituality of young people and widely promote reading among them.

Special emphasis is placed on measures to popularize book reading and reading culture, to encourage reading in the libraries of our republic, to hold various contests, to develop book trade, and to regulate publishing activities.

Culture and civility are very broad concepts, but no matter what anyone says or how they interpret them, the essence of these concepts lies in the phenomenon of upbringing and education. Man is an educated being. And there are many forms of education. However, its core and fulcrum is reading and more reading. Because the culture of reading is the core and content of general culture. There is probably no wise and intelligent person who has not proclaimed this truth and made the call to reading his life's work. These initiatives include comprehensive education of the young generation, meaningful and effective spending of their free time, and are carried out with the participation of relevant sectors.

This path requires persistence, regular work on ourselves, increasing personal responsibility. After all, the development of our intelligence, scientific and technical potential is a factor of sustainable development of our country.

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