

## RETROSPECTIVE OF THE FORMATION OF MORAL AND SPIRITUAL QUALITIES OF MILITARY PERSONNEL

Khakimov Ziyad Zaidovich,

Senior Lecturer at the Department of Military Training

### ABSTRACT

The most important goal of the modern world is to educate a highly moral, competent, creative, socially responsible individual who accepts the spiritual and cultural traditions of his country as an absolute value.

**Key words:** Military man, morality, spirituality, formation, retrospectives.

### INTRODUCTION

A modern specialist must have a certain level of not only professional, but also general culture: moral, spiritual, aesthetic, environmental, political, economic, etc.

Education becomes the most important condition and means of forming a truly cultural way for an individual to satisfy his diverse needs and choose a lifestyle worthy of a person.

The problem of moral and spiritual education of military personnel is one of the most important in the activities of universities, where students undergo school not only for professional, but also personal development. It is difficult to build a qualitatively new society without educating a person with a clear civic position, with a broad modern and historical outlook, capable of adequately and acutely conscientiously perceiving events in his country.

Moral and spiritual education solves the following problems:

- introducing pupils to moral and spiritual values - faith, love, freedom, conscience, gratitude, duty, mercy;
- awakening and development of moral feelings - shame, compassion, duty, responsiveness;
- the formation of moral will - the ability to serve good and oppose evil to it, readiness to overcome life's trials and resist temptations, the desire for spiritual improvement;
- incentives for moral behavior - obedience, empathy, service to one's neighbor, family and the Fatherland.

### MAIN PART

T.M. Gorbachev believes that, on the one hand, moral and spiritual education is the inculcation of positive values, and on the other, the formation of the ability to experience various negative influences of the environment and resist them.

On the one hand, moral and spiritual education is the inculcation of positive values, and on the other hand, the formation of the ability to experience various negative influences of the environment and resist them.

A.G. Adamova's interpretation of moral and spiritual education is based on the following values:

- 1) individual and personal (human life, child's rights, honor, dignity);
- 2) family (father's house, parents, family harmony, family pedigree, its traditions);

- 3) national (way of life, behavior, communication; Motherland, shrines of the country, national heraldry, native language, native land, folk culture, unity of the nation);
- 4) universal (human environment, ecological culture, world science and culture, peace on Earth).

### CONCLUSION

The strategy of modern education involves solving the problem of a healthy lifestyle for military personnel as a necessary component of socialization and one of the priority areas for the humanization of military education.

The changes taking place in the socio-economic and spiritual life of modern society determine the humanistic orientation of the general strategy of the modern education system. The importance of developing a healthy lifestyle for military personnel and, on its basis, physical, mental and social well-being is a condition and basis for the full development of an individual's potential.

### REFERENCES

1. Adamova A.G. The essence of spiritual and moral education of students in the context of a systematic approach / A.G. Adamova // Bulletin of the University of RAO. – 2008. – No. 1 (39). – pp. 26-27.
2. Mirzayev A.M. Методика развития технико-тактической мобильности борцов на поясах высокой квалификаtsии/ Research focus international scientific journal, uzbekistan | volume 2 2023 researchbip (7.8). google scholar | sjif (5.708) | uif (8.3) 65-70.
3. Aizman R.I. Territorial model of health-preserving activities in the education system / R.I. Aizman, N.I. Aizman, A.V. Lebedev // Valeology. – 2010. – No. 1. – P. 5-8.
4. Verbitsky A.A. Humanization, competence, context - the search for the foundations of integration / A.A. Verbitsky, O.G. Larionova // Alma Mater: Bulletin of Higher School. – 2006. – No. 5. – P. 19-25.
5. Mirzayev A.M The use of the cluster approach in the system of professional development of teachers// Spectrum journal of innovation, reforms and development volume 18, august, 2023 41-44 b.
6. Mirzayev A.M The mechanism for training female cadets in belt wrestling and increasing physical activity//Holders of reason vol. 2 No. 1 | January (2024).285-290 b.