

## VOLUNTEERING AS A FORM OF SOCIAL PROTECTION

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### ABSTRACT

In this article, the multifaceted role of volunteering as an active and dynamic form of social protection, the development of social stability, and the increase of community cohesion, as well as the role of volunteering in social life, are discussed.

**Keywords:** volunteer, social protection, community participation, social welfare, social life, leadership, social problem

Historically, mankind has faced various challenges. These may be climate disasters, diseases, poverty, and other problems that promote peace again. In such a situation, volunteers support people and help in a difficult situation without any material gain. Worldwide, more than 1 billion people are volunteers. In the United States, however, every fourth person volunteers. According to official and unofficial sources, women tend to be more voluntary than men. Especially after the coronavirus pandemic, the voluntary system changed. Between 2020 and 2022, when the pandemic began, the percentage of online volunteering increased from 32% to 51%.<sup>1</sup>

In recent years, such terms as voluntary and voluntary activities have been common in our language and literature. Dictionaries were referred to to explain the answer to this question correctly. Volontyor (fr. volontaire) – dobrovolets; litso, dobrovolno postupivshee on voennuyu slujbu) means.<sup>2</sup>

Volontyor is a natural person who performs voluntary work. Voluntary activities are carried out by citizens, their groups, or voluntary organizations for the benefit of individuals, both physically and physically. Voluntary activities are voluntary activities that are carried out free of charge for the benefit of individuals, both physically and physically, performed at will, needily directed, and beneficial to the congregation. Volunteers are people who have begun to perform various tasks, not for profit, but for good purposes, to carry out congregation activities and to support non-profit organizations. They spend their time and energy on this goal without taking money. For example, if flooding in any area has reduced people's habitat to ruins, volunteers can help with cleanup. Or it can organize various useful events to be held. They benefit people in different directions.

The history of voluntary work linked with the 12th century Britain, during which there were more than 500 hospitals operated by volunteers. But there's no denying that there's been a system in history to help people volunteer even before. Volunteer work has been done primarily in connection with religious and religious authorities.<sup>3</sup>

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<sup>1</sup> Mecomber, Sara A., and Richard M. Herman. "Effects of local hypothermia on reflex and voluntary activity". *Physical Therapy* 51.3 (1971): 271-282.

<sup>2</sup> Words of foreign words under red. Löhina I.V. and Prof. Petrova F.N. M. 1955 G. - Str. 143.

<sup>3</sup> McCulloch, Andrew, John Mohan, and Peter Smith. "Patterns of social capital, voluntary activity, and area deprivation in England". *Environment and Planning A* 44.5 (2012): 1130-1147.

The word "volunteer" is derived from French and dates back to the 17th century. The active use of the word in practice became popular in the 18th century, when people began volunteering to join the military. To date, the word "volunteer" is related, not to military service, but to more congregation activities.<sup>4</sup> Since the 19th century, organized volunteer movements have been organized for young people and women to carry out activities such as helping soldiers wounded in wars, collecting food and clothing for them.<sup>5</sup>

During World War II, volunteers also began to travel to various foreign countries to help others. Later, as volunteerism became popular, various organizations, educational institutions began to demand that their employees and students participate in voluntary programs. Voluntary work is also now taken into account when submitting documents to various educational programs.

The following countries have the largest number of voluntary countries: the USA, New Zealand, Norway, Canada and Australia.<sup>6</sup> In these countries, volunteers also participate in situations caused by climate problems, such as volunteering to teach others their skills and knowledge. They also participate in international voluntary projects.<sup>7</sup>

Voluntary activity plays a decisive role in society and its social development. Voluntary and voluntary activities are a great strength and resource for society. The resulting rise in sea levels from the meltwater could eventually left them just as a swarm of deep ravines.<sup>8</sup>

Volunteers are the foundation of social work. It is necessary to select volunteers from among the students and explain to them the essence of voluntary activity and organize them effectively. In a short time, volunteers organize various psychological training courses to instil confidence and hope in people, providing them with material, spiritual assistance, and providing them with targeted assistance similar to that of various people in order to arouse a sense of confidence in life in them, causing each volunteer to question altruism.

Voluntary activity encompasses finding those in need of social protection, studying their way of life and changing them psychologically, materially, and spiritually. It also involves organizing various free cultural activities with children with disabilities (garden age, school age) in order to develop healthy lifestyle skills, and teaching them a variety of craftsmen in order to provide them with spiritual and material support. Voluntary activity is also very evident in emergency situations.

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<sup>4</sup> Woolley, Frances. Social cohesion and voluntary activity: making connections. Centre for the Study of Living Standards, 1998.

<sup>5</sup> Marshall, Joan. "Voluntary Activity and the State". The Role and Impact of Government Involvement in Rural Communities in Canada: A Commentary and Review of the Literature 99 (1999).

<sup>6</sup> Kenny, Sue, Liz Hogan, and Anne McNevin. "Voluntary activity and local government: managing volunteers or facilitating active citizenship?". Social Alternatives 27.2 (2008): 45-49.

<sup>7</sup> Countries with Highest Numbers of Volunteers: USA, Canada, Australia, UK, France, and Many More (volunteerfdip.org)

<sup>8</sup> Sikorskaya L.E. "Volunteer Activity as a School of Moral Education of Youth". Vestnik Vyatskogo gosudarstvennogo universiteta 3.3 (2009): 98-103.

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