

EDUCATION OF A DEVELOPED GENERATION AS AN IMPORTANT FACTOR IN INCREASING THE EFFICIENCY OF EDUCATION

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ABSTRACT

The article describes the idea that a harmoniously developed generation should be a creator and devotee, not a consumer of our renewed society, the main tasks of educators and the process of personal development with students.

Keywords: happiness, positive qualities, ideal person, harmoniously developed person, sense of pride, intelligence, growth, reading, new thinking, prosperous life in the new Uzbekistan.

INTRODUCTION

Society is facing spiritual growth and renewal. Attention to spiritual issues in Uzbekistan is growing day by day.

We Orientals are a people who value the respect of parents and teachers. We listen to their sermons, their life conclusions, we try to follow them. Because wisdom, an exemplary word, sharpens a person's mind, motivates him to know his shortcomings and get rid of them.

From time immemorial, our ancestors, perfect teachers, used this method carefully and skillfully. Based on their many years of experience in the path of child-disciple perfection, they have created an oriental school of life that is saturated with a source of thinking through educational media knowledge.

Musa Al-Khorazmiy, Ahmad Fergani, Abu Rayhan Beruni, Abu Ali Ibn Sino, Imam Bukhari, Al-Hakim at-Termizi, Mahmud Zamakhshari, Najmiddin Kubro, Aziziddin Nafasi, Abu Mansur Moturidi, Ahmad Yassavi, Bahauddin Naqshband, He delivered scholars and intellectuals such as Alisher Navoi, Amir Temur, Jaloliddin Manguberdi, Mirza Ulugbek, Zakhiriddin Muhammad Babur and other brave and courageous commanders.

An ideal person should be not only a consumer of our renewed society, but also a creator and devotee. Therefore, in our independent state, education is considered a priority of public policy to radically change education.

"If we pay attention to the realization of the potential of our children from childhood and do our best for their development, many more Beruni, Ibn Sino and Ulugbek will grow up in our country," said President Sh.M. Mirziyoev.

Our main task as educators is to teach the younger generation to do good deeds, to accustom them, to turn them away from evil and evil deeds. will be. Indeed, the Qur'an says, "I have sanctified the human being in all things." The hadith says, "Whoever is given wisdom will be saved.

The idea of the perfect man is an idea of both national and universal significance. This idea has led not only individuals, but entire nations to higher development, inspiring them to unparalleled achievements in the field of spirituality and enlightenment. Dreaming of perfection, caring for the upbringing of generations, striving to raise a healthy, harmoniously developed generation are our national characteristics, and this direction encourages the acquisition of moral science.

It is safe to say that just as everyone is a world, his morals are very complex. Because the study of the external and internal world of a person, especially the world of the soul, is a state of mind. F. Attor "The soul is in man, so you must travel inward." A perfect man must seek his "I" in his inner world. "Even an ordinary person can reach the level of perfection. Its source is knowledge," imam G'azzaliy.

Therefore, each of us must begin to reform our society by reforming ourselves. When a person changes, society changes.

Based on the above writings, a survey was conducted on the topic "Beautiful qualities are the basis of human perfection." The survey was conducted among 9th grade students of the 11th comprehensive school in Andijan. The survey questions are as follows:

- What do you mean by happiness?
- What are your strengths and weaknesses?
- How do people evaluate you?
- What would you do to lose your negative qualities?
- Can you be perfect?

When the questionnaires were analyzed, the students expressed their views on how to achieve happiness and provided information about their positive qualities.

People around them said they would give them a good rating. The two expressed their angry speed and the fact that they would upset those around them. Three of them said they didn't know how people around them would rate them.

Students wrote that they need to lose their negative qualities and do not know what to do about it.

Many of them portrayed their parents as ideal human beings. Did the students answer the questions sincerely? How realistic are the students' answers? Hazrat A. The essence of Navoi's verses "Naqis uldirkim isbot aylagay" is explained.

Purpose of training. It is taught to have special knowledge, skills and abilities in difficult situations, to be rational from psychological stress, to forget and forgive, to be able to establish effective communication, sincerity, friendly attitude, cooperation.

Task.

- Personal correction:
- Formation of creative motivations:
- Expected result:
- Overcoming the shortcomings of students, negative qualities:
- Development of the student's personality:

Peculiarities of training.

This training can be used by psychologists, class leaders in the implementation of psycho-correctional activities of students.

Styles:

- Training emblem.
- Training motto.
- Dating: "Questions you didn't expect" minute.
- Folk wisdom.
- Line exercise.
- Exercise "Positive Thinking in Problem Situations".
- Relaxation exercise "Waterfall".
- The golden rules of goal setting.
- My bookshelf.
- Demonstration of the video "History of the Eagle".
- The essay "The Man in My Ideal".

The course of training.

Introduction.

- Introduction to the rules, goals and objectives of the training.
- Introduction to the methods and exercises of the training;

Rules:

- Activity;
- Volunteer participant;
- Timeliness;
- Respect the opinion of others;

1. **The training symbol** is marked. "A cheerful note."

2. **The motto of the training:** "Happiness - if you look for the future, you will not find it, fulfill your human responsibilities. Happiness - Iqbal itself is looking for you."

3. A minute of unexpected questions:

- Who gave you your name? Do you know what it means?
- What do you mean by family happiness?
- Your dream for the future?
- Do you forgive when someone offends you?
- Do you consider yourself an innovator?
- Can you describe your shortcomings as a person?
- From whom do you expect to receive a fan gift on the holiday?
- Would you be embarrassed if you offended someone?
- If you became a teacher, where would you start?
- What do you think about when you are upset?
- Your favorite activity?

4. Folk wisdom (interpreted).

- It is not the work of a wise man to grieve and regret for the past.
- The radiance of the face comes from the straightness of human nature.
- Wealthy people are rich, not rich people.
- Cocktail protects a person from three calamities: heartache, moral depravity, need.
- It's easier to love someone than to hate them, it's easier to be happy than unhappy.
- Whoever does good to his parents, Allah will prolong his life.
- The biggest tragedy is wasting time.
- Strong people are always simple.
- The higher the aspiration, the more anxious he will be.
- Silence is also a rare virtue, rather than meaningless gossip.
- It is not a crime to fall, it is a crime not to be able to stand when you fall.
- Just as there are keys to locks, there will definitely be solutions to problems.

5. Exercise "Ruler".

The ruler is drawn.

Students move through the numbers in them. They are asked a question.

- Silence is also a rare virtue, rather than meaningless gossip.
- It is not a crime to fall, it is a crime not to be able to stand when you fall.
- Just as there are keys to locks, there will definitely be solutions to problems.

6. "Positive Thinking Exercise in Problem Situations".

Students are taught to see the positives by making an objective assessment of conflict situations.

That is, negative qualities are transformed into positive ones. The factors that cause the conflict are written on the paper, and ideas are written to get out of these situations.

7. Relaxation exercise "Waterfall".

Suppose you are standing near a waterfall, feeling relieved. Take a deep breath and exhale. Feel deeply relaxed. Try to relax. Feel free. The lawn around you. There are drops of dew in it. Beautiful nature. Birds. Butterflies. Smile. I am calm, I feel good, I love life, I am happy, say. Forgive those who have offended me, and I will forgive those who have offended me.

8. The Golden Rules of Goal Setting. (Slide show).

- Dream;
- Clear purpose;
- College;
- Enthusiasm;
- Affirmation;
- Ong osti;

9. "My bookshelf". Students are asked about their family libraries, the content of the last books they read. Explain the importance of bibliotherapy.

10. Demonstration of a video on the history of "Berkut".

Write an essay on the topic. Homework.

Participants: 9th grade students.

Training duration: 40 minutes.

The final part: the training is completed and general conclusions are made.

In the process of learning, students learn to set goals, strive for dreams, be responsible, be able to see mistakes and shortcomings, cultivate negative qualities. Students who recognize negative qualities and strive to get rid of them will be guided. The training helps students to have good qualities, to be able to control their behavior, to show useful initiative, to be persistent, to achieve their goals.

This direction leads to a deeper conscious approach in student self-understanding.

When a person does not know his essence, there is a subconscious imbalance, from which arises a mood of protest. Then he starts looking for artificial ways to lift the mood.

Preserving and further improving the unique human qualities in people is a pressing issue. The issue of bringing up our children as worthy sons and daughters of a free and democratic Uzbekistan should be the main direction of our work in the field of spirituality. At the current historical new stage of development of the Republic, one of the most important and priority tasks of teaching in all institutions engaged in the education of the younger generation should be to educate students, to use all available opportunities to keep their spiritual level, worldview at the level of the times.

The formation of a healthy generation is an important process that has become a priority policy of the state. Now, in the conditions of our independent republic, educational tools are applied to the content of education. In fact, it is more difficult to teach educational subjects than to teach the basics of science that have a teaching content. Therefore, the specific method and tools in this regard are not fully formed. The requirements of the reform also require a new

approach to the study of science. We can proudly say that we are the descendants of scientists who have made unparalleled discoveries, their legitimate heirs. Therefore, the XXI century should be the century of humanity, everyone should have beautiful qualities, have the opportunity to realize the essence of their lives. It seems that the society is facing spiritual growth and renewal. In civil society, human dignity, intelligence, and moral qualities are highly valued.

CONCLUSION

It is necessary to organize the current system of education and upbringing in accordance with the purpose, to increase the effectiveness of educational activities.

The theoretical basis of the educational system should consist of oriental and national values. Because the reform of the education system is becoming the most pressing issue of today, the problem of our future.

Our rich spiritual heritage should be the basis of our achievements today, the victories we will achieve tomorrow. In order to think in a new way in our society, it is necessary to know the past. Only in this way will we take an important and necessary step in the formation of the perfect person that our thinkers dream of, as well as in the upbringing of a harmoniously developed person with a high level of spirituality in line with modern requirements.

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