

THE ROLE OF THE FAMILY IN THE FORMATION OF CHILD PSYCHOLOGY

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ABSTRACT

The article analyzes the relationship between children and parents as a pressing problem of our time. During these relationships, various mental processes and misunderstandings between parents and children are observed in the child's psychology. Psychological recommendations are also given to parents regarding raising a child in the family.

Keywords: family, personality, perfect personality, protector, social institutions, mental process, tradition, emotional experience.

After our country gained independence, reforms were implemented in various areas, as a result of which the Republic of Uzbekistan ranks among the leading countries in terms of development indicators in each area. In particular, we have achieved high achievements in the field of education, as well as in other areas that leading developed countries can study.

Today, preserving the qualities of human excellence is becoming an increasingly complex process. Along with this topical issue is also the education of youth, bringing them to education and culture.

The solution to these problems should be sought, first of all, in the family, which is considered a sacred place in society. If we look at history, we will see that the education of an ideal person first of all began in the family. This, in turn, is a fact requiring no evidence or evidence. Speaking about the family, it is impossible not to mention the parents who create this sacred space. Because in a family, a parent is both a teacher and an ideal educator for a child. For every person in society, the qualities of humanity are primarily embodied in the family. Therefore, it is inappropriate to talk about the perfect education of a person without understanding the place of the family in society, its educational, moral significance and value. The reason is that if we do not approach raising children in the family from the point of view of the national traditions and customs of our ancestors, it will be difficult for us to achieve our goal.

View additional materials today, the relationship between a child and parents is one of the pressing problems, as parents face various problematic situations in raising a child. However, if you try to patiently understand the child in such situations, the educational process will be effective.

According to psychologists, based on upbringing, it is necessary to instill in the child's mind certain emotional experiences at each period of his development. For example, it is appropriate to instill the feelings of "Motherland," "Father," or "Mother" into the consciousness of an unborn child in the mother's body by saying "Alla." The need for constant information (information) of the hemispheres of the human brain is extremely great, and he accepts the information that reaches his consciousness without saying whether it is good or bad. In human consciousness, the tendency to do bad things is more important than good ones. That is why the saying "Not

everyone can do a good deed, everyone can do a bad one” is not in vain. It recognizes the psychological nature of our brains. We know that everyonethe child has the characteristics of irreversible and unique internal psychological potential. That is why it is necessary to effectively use the services of psychologists to attract them into the educational environment. Raising the young generation as a conscious, conscientious, mature person in all respects is the main task of the family and social institutions of society. . The reason is that the development of a child as a full-fledged personality begins in the family and continues in educational institutions.

“A child’s life is an example of white paper. If you pay attention to the concept that “what to write to him is at the discretion of the parents,” this means that it is the parents and family members who determine what kind of person the child will become in the future. Because a child is born into a family. His parents and family members influence his development as an ideal person. Family relationships not only ensure the mental and spiritual development of children, but also create a unique activity for parents. In particular, thanks to the direct influence of children, the scope of their interests and activities expands, their relationships are enriched, and a deeper understanding of the content of real life occurs, i.e., a state of vision of the duration of their lives in the form of maturity and the future of children.If you follow the following rules in raising a child, it will be advisable for this purpose:

- If you are going to give a warning, first list your child's good qualities;
- explain your child's shortcomings without showing it to his face;
- Nobody likes to be ordered around. Therefore, rather than giving direct orders, it is better to ask questions and carry out the task given in the form of advice;
- give the child a chance to maintain his dignity;
- Think well of people so that your child tries to be like them.

Providing comprehensive human education is the main task of family and social institutions. The reason is that the future of our independent country depends on the education of our children today. At this moment, we should always remember the words of the First President of the Republic of Uzbekistan Islam Karimov: “Let us not forget thatIt is necessary that the foundation of our future be created in educational institutions, in other words, the future of our people depends on the education and upbringing of our children today. To do this, every parent, teacher and mentor must first of all see a person in the face of each child. Based on this simple requirement, we must recognize that the main goal and task of the education sector should be to raise our children into perfect people, capable of thinking independently and broadly. For this it is necessary that education and upbringing be carried out harmoniously.”

Personality formation is a continuous and complex process. In this process, the interdependence of basic forces, such as the innate abilities given to the child by nature, the political and social situation in society, family relationships, creates the opportunity for the formation of a conscious personality.Considering each child as an individual, taking into account his unique mind, will and abilities, it is advisable for parents, together with the teacher, to solve the following tasks:

- formation of national identity and human qualities in a child of primary school age based on the culture and traditions of our people using advanced pedagogical and psychological experience, effective methods;

- strengthening the educational value of specialized subjects, introducing special and optional subjects that increase the effectiveness of learning;
- increasing children's interest in knowledge and science; the formation of their intellectual abilities, worldview, contributing to the formation of a personality that meets the requirements of society;
- identification of gifted children and conditions for the development of their abilities create;
- raise a person who feels the close connection between nature and people who are able to protect nature;
- teaching aesthetic education based on national culture;
- education for the study and preservation of national and universal values;
- deeply understand the essence of such concepts as “freedom”, “equality”, “democracy” and show respect for national symbols in the education of youth.

The purpose of education in the family is to provide appropriate education taking into account the child's age, his characteristics, and mental processes. Based on this goal, the following tasks are solved:

- child development in the family, health care, cleanliness;
- preparation for work and hard work. Formation of a child's meaningful organization of daily life and self-care skills;
- teach family members to be friends with each other, respect parents, relatives and older people;
- awakening interest in literature, culture, national values, teaching the rational use of time;
- teach to be disciplined, responsible and smart;
- focus on self-education and creativity.

Follow the following recommendations from a psychological point of view in raising a child.

First of all, wake your child up in the morning with kindness. Your kind voice and the smile on your face should put your baby to sleep.

Secondly, if your child is late for class, do not rush him by saying “hurry up”, “go quickly”. In such cases, feel guilty for not waking up the child earlier.

Third, don't repeat the warnings "don't be uneducated" and "take two today, you'll see" too many times. On the contrary, trust him and hope that he will get a good grade. Instead, it should be said that some parents believe that “my child should only get good grades.” Hearing this, the child, fearing punishment from his parents, tries to tear out the page of the diary with a bad grade, correct the grade, or cheat in some other way. Therefore, every parent should know that grades are important, but not the main issue in their child's education. We should not forget: “It's not the grade that's valuable, it's the child.” Fourth, do not send your child to school hungry. Fifth, when your child comes home from school, ask, “How are you doing today?” don't question it.

Sixth, if your child is angry about something, do not remain silent. Coming down from the hut, he tells what happened.

Seventh, if the teacher calls you to school because your child is upset, it is best that your child does not participate in the conversation with the teacher. At home, listen to your child's opinion and explain his mistakes.

Eighth, do not tell your child that he needs to prepare a lesson as soon as he comes home from school. It's good when your child rests for 2-3 hours.

Ninth, do not stand over a child who is preparing a lesson, do not reprimand, do not speak or use rude words. Instead, help him prepare his lesson. First, spend at least 20–30 minutes of time with your child every day and talk to him carefully.

It is concluded that the main task of the family in society is to form a person who is physically and psychologically healthy, spiritually mature, and ready for work. Also a decisive factor is the desire to acquire social and world knowledge in children, the effective participation of parents in increasing social activity, which plays a special role in the formation of a child as a perfect individual in family education.

Parenting today is the foundation of their child's future. Therefore, if the upbringing of a child in a family is correctly directed by the parents, then the foundation is laid for him to take a bold step into adulthood and develop an independent opinion.

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