

SOME ASPECTS OF THE DEVELOPMENT OF MODERN STUDENT SPORTS IN THE REPUBLIC OF UZBEKISTAN

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ANNOTATION

This article highlights the problems of the development of student sports in the Republic of Uzbekistan. Based on the analysis of the peculiarities of the organization of student sports abroad, attempts are made to find solutions to similar problems that relate to student sports in Uzbekistan.

Keywords: sport, students, physical culture, international cooperation, state programs, youth policy.

АННОТАЦИЯ

Данная статья освещает проблемы развития студенческого спорта в республике Узбекистан. На основе анализа особенностей организации студенческого спорта за рубежом, сделаны попытки поиска решения аналогичных проблем, которые относятся к студенческому спорту и в Узбекистане.

Ключевые слова: спорт, студенты, физическая культура, международное сотрудничество, государственные программы, молодежная политика.

RELEVANCE

Currently, the development of student sports in the Republic of Uzbekistan has a number of urgent problems related to physical education in universities, which are aimed at not only developing students' physical abilities, but also stimulating their interest in doing sports and physical exercises. Also, the tasks of the development of student sports are connected with the need to form the value of a healthy lifestyle among students and to prevent various socially negative phenomena that occur among students.

Student sport is the basis for the implementation of the Concept [1], which is associated with continuous physical education in the education system of the Republic of Uzbekistan. However, it should be noted that in our country, there are a number of problems in the student sports movement that hinder the holding of mass sports events, the meaningful organization of free time for young people, the organization of classes in sports educational institutions based on modern requirements, including: - insufficient development of the mechanism for implementing the vertical of management, limited powers of district (city) departments of physical culture and sports lead to a significant reduction in their role;

- insufficient openness and transparency of the activities of the heads of the management system and sports educational institutions, public control is not established;

- the introduction of effective mechanisms for the selection of gifted children in sports educational institutions, the elimination of elements of corruption in the educational process in various forms is required;

- inefficiency of the current procedure for appointing heads of sports institutions;
- inadequate implementation of modern innovative methods of planning and organization of work, advanced information and communication technologies in the management of sports institutions hinders the creation of an effective management system [1]

However, a number of positive trends can also be identified. For example, the draft constitutional law recently published for public discussion includes article 42, which enshrines the State's obligation to create conditions for the development of physical culture and sports, spiritual and moral education of children and students. In our opinion, this is a very timely and relevant decision, since attention to the health of the state is indirectly reflected in the development of physical culture and sports of students. Interaction with international sports organizations of students has been actively developed.

In many foreign countries, it is student sports that are considered to be the basis of national educational and sports policy. A significant part of the national teams in these countries includes student athletes. The integration processes of the international student sports movement and student sports of Uzbekistan allow us to create a positive image of both student sports in our country and the country as a whole. It is possible to formulate the following main trends related to the development of the student sports movement in the Republic of Uzbekistan:

- there is an effective system of state regulatory processes, which is related to the development of sports and educational institutions;
- the teaching of physical education and sports is often not necessary for the status, and in some cases it is the defining level of the educational system;
- possession of student sports organizations of high social status.

Also, one of the positive trends in the development of student sports in Uzbekistan is due to the fact that the following organizational measures have been implemented:

- the strategy for the development of physical culture and sports in the Republic of Uzbekistan for the period up to 2025 contains a section that is devoted to the program for the development of student sports itself;
- the government of Uzbekistan has developed and approved the concept of the development of student sports, which is an important part of the strategy that determines the youth policy in the country;
- The Ministry of Physical Culture and Sports of Uzbekistan and the Cabinet of Ministers of the Republic of Uzbekistan decided the issue of the need to monitor the level of physical fitness of students in our country. An annual test was introduced, the purpose of which is to check the physical fitness of students based on the standards established by the state. In the structure of universities, sports clubs are being created again, which carry out their activities in close cooperation with the administration of the university, the department of physical culture, student and trade union organizations. A structure of the student sports union has been created, which is an active organization that unites the efforts of the regions in order to develop student sports in Uzbekistan.

In the structure of the Ministry of Higher Education, Science and Innovation, it is necessary to organize work, the essence of which would be to organize mass sports work in higher and secondary educational institutions of the country, also to solve the issue of creating centers on

the basis of universities that would train national student teams participating in Olympic sports. Popularization of student sports among young people, increasing its prestige, can solve the problem of unwillingness of many students to systematically engage in sports. This should also help prevent the development of such negative social phenomena as alcoholism, drug addiction, as well as participation in extremist associations among young people.

The results of research conducted by both domestic and foreign specialists confirm the effectiveness of sports and physical culture in the prevention of negative social phenomena in the student environment. To popularize sports among students, we recommend holding the following events: – to include republican and international sports competitions between students in a single calendar plan of sports events; – to assign sports categories and titles to athletes who have shown good results at republican and international student competitions; – to develop a concept regarding the organization of information support for student sports. Summing up, we can conclude that student sports have a huge social significance. Therefore, it is worth paying significant attention to the problems that hinder the development of student sports, and continue to search for effective solutions to eliminate them.

LITERATURE

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