

## DEVELOPMENT OF SPORTS IN THE REPUBLIC OF UZBEKISTAN

Muratov Muzaffar Shermamatovich

Teacher at Samarkand State Medical University

Toshpulatov Latif

Student of Samarkand State Medical University

### ABSTRACT

This article provides information about the legal framework for the development of sports in the Republic of Uzbekistan and reforms in the field of physical culture and sports in our country.

**Key words:** “President's Cup”, the concept, “Umid Nihollari” (Sprouts of hope), “Harmonious generation”, “Universiade”, Olympia, session.

### INTRODUCTION

In order to raise the popularity of physical education and sports in our republic to a higher level, develop the movement of physical culture, restore national national games, form a healthy lifestyle, train talented athletes in modern sports and improve their sports skills. Many decrees and decisions adopted by the First President of our country, Islam Karimov, were of great importance in the popularization and development of sports in our country.

Since the first days of independence, our country has formed a specific legal framework for the implementation of specific reforms in this field.

In particular, the decision of the Cabinet of Ministers of the Republic of Uzbekistan "On the organization of the Children's Sports Development Fund of Uzbekistan", "On improving the staffing of sports schools for children and teenagers" O Order of the Minister of Public Education of the Republic of Uzbekistan, Decision of the President of the Republic of Uzbekistan "On approving the budget of the Children's Sports Development Fund and the targeted program for the construction of children's sports facilities" in 2007, "Physical Decision of the Cabinet of Ministers "On the organization of the activities of the Physical Education and Sports Development Fund under the Ministry of Education and Sports", as well as the Decision of the President of the Republic of Uzbekistan "On Measures for the Further Development of Physical Education and Mass Sports" The adoption of official regulatory documents will help youth in neighborhoods and streets in all regions of our country, with Uzbek national sports games. brought up and formed a perfect person.

One of the first actions of the first President of the Republic of Uzbekistan, Islam Karimov, in order to introduce Uzbekistan and Uzbek sports to the world in the early years of independence, was the opening of the "President's Cup" international tournament in Tashkent on August 29, 1995.

On March 5, 2018, President Shavkat Mirziyoyev's decree "On measures to fundamentally improve the state management system in the field of physical education and sports" was adopted. In accordance with the decree, the Ministry of Physical Education and Sports of the Republic of Uzbekistan was established on the basis of the previous state committee and its regional divisions, and its tasks and powers were expanded. On September 20, 2018, the head

of state held a meeting dedicated to the development of physical education and sports. It was noted that the introduction of a new system for the selection of athletes - improvement of selection work has given initial results.

We are proud of our athletes who have made a great contribution to increasing the prestige and reputation of Uzbekistan in international sports arenas. At the same time, we should pay great attention to mass sports, not limiting ourselves to achievements in high-level sports, [1] - said Shavkat, President of the Republic of Uzbekistan.

Mirziyoyev at this meeting.

Before independence, Uzbekistan was closed to the international sports community. With the exception of junior football and tennis tournaments with the participation of athletes from former socialist countries, almost no international competitions were held in our country.

The permanent policy also left its complications in the field of physical education and sports, which were especially manifested in the following:

1. In Uzbekistan, physical education and sports activities were carried out at a low level compared to the central republics, the local population was not massively involved in sports activities, and specific and targeted activities were not carried out to train highly qualified athletes among them.
2. The development of sports networks, the construction of sports facilities, the expansion and financing of the material and technical base of sports in general were carried out only with the consent of the center, in a limited way.
3. Although the training of personnel with higher and secondary education was started for the industry, national sports personnel had to pass various artificial obstacles and qualifiers at the competitions.

As soon as independence was achieved, in January 1992, the law "On Physical Education and Sports" was adopted as the legal basis for the development of physical education and sports in the country. In the short term:

- the organizational foundations of physical education and sports management have been improved;
- The National Olympic Committee of Uzbekistan, sports federations were established; physical education, health promotion, mass sports activities and national types of sports were developed;
- the material and technical base of physical education and sports was strengthened; in accordance with the national education program, training and retraining of personnel in the field of physical education and sports is being carried out [2].

Ensuring the physical and spiritual well-being of the young generation in our country, striving for a healthy lifestyle and love for sports

in 2002, in order to develop, create a material base of children's sports in local areas, create a material base of children's sports in populated areas, and provide sports equipment and facilities

The Children's Sports Development Fund of Uzbekistan was established. The President of the Republic of Uzbekistan was elected as the Chairman of the Foundation's Board of Trustees. Chairman of Dzhokori Kenges of the Republic of Karakalpakstan, mayors of regions and Tashkent city were appointed as chairmen of patronage councils of regional branches.

Decision of the Cabinet of Ministers of the Republic of Uzbekistan in 2003 "On the organization of a system of continuous sports competitions aimed at attracting students and students to sports" in order to organize mass, continuous involvement of students in sports activities accepted. On the basis of this decision, a plan was established to hold the national final stages of the competitions "Umid nihollar", "Barkamol Avlod", "Universiade" for students of general education schools, academic lyceums and vocational colleges and students of higher educational institutions in the country.

Taking into account that regular physical training and sports play an important role in strengthening the health of our population, first of all, our young generation, special attention is paid to this area.

The President of the Republic of Uzbekistan, Shavkat Mirziyoyev, is implementing a number of measures and activities in order to develop the sports sector in our country, as a result of which the national sports teams of Uzbekistan are taking high places in the Asian and global competitions. In this regard, on February 15, 2017, the decree of the President of the Republic of Uzbekistan on measures to further improve the management system in the field of culture and sports was announced.

According to the first paragraph of this decree, the Ministry of Culture and Sports Affairs of the Republic of Uzbekistan shall be abolished and based on it:

- Ministry of Culture of the Republic of Uzbekistan;
- The State Committee for Physical Education and Sports of the Republic of Uzbekistan should be established [3].

According to the decree of the President of the Republic of Uzbekistan, Uzbekistan

The main tasks and directions of the activity of the State Committee for Physical Education and Sports of the Republic of Kazakhstan were defined.

On October 31, 2017, under the chairmanship of the President of the Republic of Uzbekistan Shavkat Mirziyoyev, a meeting dedicated to improving the management system in the field of physical education and sports, developing mass sports, selecting and educating talented athletes, strengthening the industry with qualified personnel, and building modern sports facilities was conducted.

#### FOYDALANILGAN ADABIYOTLAR

1. <http://www.yoshlarittifoqi.uz/uz/news/jismoniy-tarbiya-va-sport-sohasinirivojlantirish-masalalarining-muhokamasi>
2. <http://sovminrk.gov.uz/uz/news/show/5315>
3. <http://lex.uz>. Madaniyat va sport sohasida boshqaruv tizimini yanada takomillashtirish chora-tadbirlari to'g'risida O'zbekiston Respublikasi Prezidenti farmoni.
4. <http://pf.ru.uz/uz/article/403/>
5. <https://lex.uz/docs/-3226019>
6. Normaxmatov Ilxom Zayniyuddinovich, & Sattarov Qarshiboy Norqulovich. (2022). BARKAMOL AVLOD TARBIYASIDA JISMONIY TARBIYA VA SPORTNING TUTGAN O'RNI. SKILLS FOR ADAPTING PHYSICAL EXERCISES TO CHILDHOOD IN THE EDUCATION OF A DEVELOPED GENERATION. <https://doi.org/10.5281/zenodo.7213944>

7. Ergashevich, O. A., Islamov, S. E., & Zainitdinovich, N. I. (2022). FORENSIC ASSESSMENT OF THE NATURE OF DENTAL INJURIES. *The American Journal of Medical Sciences and Pharmaceutical Research*, 4(03), 70-73.
8. Исламов, Ш. Э., Ураков, К. Н., & Нормаматов, И. З. ЗАЩИТА ПРАВ ПАЦИЕНТА ПРИ ПРОВЕДЕНИИ МЕДИЦИНСКИХ ЭКСПЕРИМЕНТОВ. ТВЕРСКОЙ МЕДИЦИНСКИЙ ЖУРНАЛ Учредители: Тверской государственный медицинский университет, (4), 93-95.
9. Zayniddinovich, N. I. (2023). ERTALABKI BADAN TARBIYA HAMDA JISMONIY TAYYORGARLIKNING INSON ORGANIZMIGA FOYDASI.
10. Исламов, Ш. Э., Махматмурадова, Н. Н., & Нормаматов, И. З. ЭТИЧЕСКИЕ ВЗАИМООТНОШЕНИЯ МЕЖДУ МЕДИЦИНСКИМ РАБОТНИКОМ И ПАЦИЕНТОМ. ТВЕРСКОЙ МЕДИЦИНСКИЙ ЖУРНАЛ Учредители: Тверской государственный медицинский университет, (4), 90-92.
11. Ahmedjanov Shuhrat Boltaevich, & Normahmatov Ithom Zayniddinovich. (2022). IMPROVING THE METHOD OF TRAINING BOXERS WITH THE APPLICATION OF PROTECTION "LEAVING TO THE SIDE". *World Bulletin of Management and Law*, 8, 139-140. Retrieved from <https://www.scholarexpress.net/index.php/wbml/article/view/745>
12. Shermamatovich, M. M., Tursunovna, H. U., Zayniddinovich, N. I., Boltayevich, A. S., & Yalgashevich, K. S. (2021). Physical education of student youth in modern conditions. *ACADEMICIA: AN INTERNATIONAL MULTIDISCIPLINARY RESEARCH JOURNAL*, 11(2), 1589-1593.
13. Shermamatovich, M. M., Tursunovna, H. U., Zayniddinovich, N. I., Boltayevich, A. S., & Yalgashevich, K. S. (2021). Physical education of student youth in modern conditions. *ACADEMICIA: AN INTERNATIONAL MULTIDISCIPLINARY RESEARCH JOURNAL*, 11(2), 1589-1593.
14. ShamshidinYalgashevich, K., Abriyevich, E. Q., & Kuchkarovich, N. B. (2023). Analysis of the Technique of Teaching the Jerk in Weightlifting. *Eurasian Research Bulletin*, 17, 121-128.
15. Yalgashevich, K. S., Kuchkarovich, N. B., & Abriyevich, E. Q. (2023). Results of Therapeutic Physical Culture with Students with Significant Health Impairments. *JOURNAL OF ENGINEERING, MECHANICS AND MODERN ARCHITECTURE*, 2(2), 16-18.