

MECHANISMS OF PREPARING YOUTH FOR SPIRITUAL-MORAL AND VALUABLE RELATIONSHIPS

(in the case of upper class students of general secondary schools)

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ABSTRACT

It is about the processes of preparing high school students for moral, ethical and valuable relationships with the family and solving problems in their implementation. The important role of family, parents, national and universal values in introducing students to nature is comparatively analyzed; importance is focused on considering the important role of improving family, parental, national and universal mechanisms in introducing children to nature.

Keywords: universal human values, spiritual and moral value, spirituality, culture, manners, family, value, students, youth, parents.

Since time immemorial, the Uzbek people have relied on the sacred neck called the family to form and promote their national values and unique spirituality. The stability of the family, its preservation of national values in the modern era, ensuring the harmony of the spiritual environment in the family with national and universal values is certainly one of the main tasks of the modern society. The family home is important in the formation of the purest feelings in the body and soul of the student. In fact, it is known from history that a healthy family environment plays an important role in instilling our national customs and traditions in the minds of the young generation, and in raising them to be compassionate people. To put it simply, the family has always been a place that educates our children in the spirit of national and universal values. For this reason, the strength of the family, ensuring the establishment of national and universal values in it, is reflected in the main documents of our state.

After all, we owe a lifetime to our parents, who prepared each of us as spiritual and moral people in relation to the family and who blessed us with unparalleled love and bread and salt. and we have made an inseparable commitment to prepare and grow into valuable people.

The recognition of Uzbekistan by the world community, the rapid internal and external political and economic activity of our country will be an additional impetus to the high level of moral values and potential of our people. Currently, we are witnessing and participating in the wide appeal of the spiritual growth of our country. The changes implemented in our republic have a great impact not only on various aspects of our socio-economic and cultural life, but also on the consciousness of the youth, especially the students. Based on the comprehensive endowment of our country, education of mentally healthy students is becoming a priority task of state importance. For this reason, the student analyzes the content of preparing young people for family life, and today the issues of preparing young people for spiritual and moral and valuable relationships with the family are outdated and the issues of developing new mechanisms remain unresolved.

The place of the holy place called family in society and social life is mainly determined by women who are considered to be the educators of this family in the families of our Muslim country. The student is considered the educator of young people in the family, his consciousness and thinking are formed in the family, together with the first concepts of national values, he grows up and becomes an adult in the family. Taking into account the above facts, in the family, the mother's moral and spiritual manners, exemplary behavior, good upbringing, experience and demands in raising a child play an important role in the development of children from a young age. In this, the role and function of the mother is very important. Foster mothers should feel their direct responsibility for their child's future both mentally and spiritually. First of all, it is necessary for a mother to acquire knowledge related to raising a child, to have the qualities of a patient, resourceful, knowledgeable, prudent and selfless soul. Only if the mother is able to instill her love and heart in the right way will it be possible for the child to be educated as a perfect person in the future. In the family of our country, mothers are valued for their wisdom, their relationship with their spouses, their tenderness, their sweetness, their intelligence, their ability to understand a tense situation and prevent conflicts, and their childishness. Mothers and other women in the family often set the environment in the family. A woman directs an ignorant husband to the right path and gives blessings, a peaceful environment, and purity to his life. While the husband takes on all the hard work, from providing for the family economically, the woman takes on the delicate tasks, from cooking to child care, and considers it her duty to perform them.

In fact, such mothers are the reason for the development of people who are harmful to the people and society. Children brought up in such families will cause material and moral damage to their family, neighborhood, and society in the future and cause many social problems. In order to prevent this, it is necessary to increase and further improve the educational opportunities of mothers in raising children, as well as inculcate pedagogical knowledge. Sometimes neglect of mothers, inability to properly educate their children causes defects in education. In this regard, it is appropriate to cite the following comments of Rezauddin Ibn Fakhruddin: "A woman who fails to raise children will do great harm instead of benefit. Such women breed people who are harmful from the seeds of cholera among the people.

In our nation, raising a girl child with good morals is considered an important task of the family, and this is a process that has been passed down from generation to generation as a tradition. An inappropriate act by a girl or wife is condemned not only by family members, but also by Uzbek society. Although traditions related to domestic life seem to have a very narrow meaning, they can seriously affect the national character, level of culture, and living conditions of the people. At the same time, the traditions related to dress culture and cooking, various ceremonies, and weddings are also impressive.

In particular, these traditions serve as an important tool in the spiritual and moral upbringing of children in the family. In particular, the tradition of humanitarianism acquires its own place and virtue and manifests itself in an oriental way. For example, it is adopting orphans without parents, providing them with high humane care, caring for them with parental love, visiting the sick and sick, caring for despondent orphans. It is seen in such things as mourning and expressing condolences to the bereaved families. Such unique traditions are hard to find in other societies. Amir Temur writes in his work "Tuzuki Temuri": "I paid attention to bride-sucking

because I was worried about getting my sons, grandsons and relatives married. I considered this work equal to state work. I asked about the lineage of becoming a bride, the seven roses. I found out about his health and physical maturity through special people. If she is free from other defects with her pedigree, manners, health and strength, I gave a big wedding spectacle to the country and gave her a bride."

It is well known that the teenage years of girls are the most responsible period. During adolescence, girls, like boys, have their own character, their own point of view, they begin to evaluate the events happening around them on their own. He sees and observes their interactions and interactions with each other, makes his own opinions, and physiological changes in the body affect his psyche as well.

Disadvantages that appear during adolescence remain for the rest of their lives and can negatively affect the morale of society and the family. Therefore, spiritual preparation of adolescents, especially girls, for family life is considered an important pedagogical problem. Raising girls in the family to be mature in all aspects is a very difficult task. The most wonderful national traditions of our country serve as a school of life in the comprehensive education of girls in the family. It helps to use them regularly as a legacy of our valuable traditions passed down from generations to ancestors.

In conclusion, it can be said that increasing the role of mothers in preparing young students for moral, moral and valuable relationships with the family is the main mechanism that needs to be improved. Therefore, in today's time, when it is important to understand our national values, the members of our fortress, which is called the family, should morally form the young students, teach them the existing rules of etiquette in our valuable traditions that have been passed down from generations to ancestors, and our oriental traditions. We need to teach. Because it is necessary to have knowledge about education and use the resources left by our ancestors as a means of education.

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