

## HUMANITY PEDAGOGY AND TECHNOLOGY OF HOLISTIC APPROACH

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### ABSTRACT

In this article, the content and purpose of humanitarian pedagogy and technology of holistic approach stated.

**Keywords:** man, humanity, humanity, holistic, approach, public interest, social development, care, holistic, holistic approach

Humanism is a concept that expresses concern for human dignity, freedom, happiness, equal rights, creation of conditions for the manifestation of all the principles of humanity. According to him, the most valuable thing in the world is a person, the whole being should serve a person and his happiness. Caring for human destiny, the interests of the people, and the people of the country is an important ideological concept of humanistic education, in which lies faith or the destiny of an individual. The idea of humanity is the eternal and universal value of every nation. For example, during the years of the Second World War, the Uzbek people's loyalty to the people of different nationalities, childhood patriotism and benevolence are an example. As long as the person is at the center of education, every person is a perfect person.

In the works of Rayhon Beruni, Abu Ali ibn Sina, Mirza Ulugbek, Alisher Navoi, the ideas of humanism, human freedom and dignity are promoted.

Farobi tried to prove that peaceful and friendly living of people in the country would bring great benefits to the nations, and he firmly supported peace and focused all his activities on the service of people.

Navoi made caring for the destiny of man, the interests of the people, and the country the main issue. He put forward the idea that the most valuable thing in the world is a person. In his opinion, the whole being should serve man and his happiness. The following verses of Navoi, who called everyone to care for people and sang of humanity, sound like an example for all of us over the centuries:

If you are a man, you are not a man,

His is the sorrow of the people who do not exist

World religions, including Islam, have humanistic ideas. In it, it is called to help the poor, the poor, the foreigner, the needy, to be generous and honest. In the religion of Islam, Muhammad, peace be upon him, was commanded to be an example to others by doing humanitarian work.

Humanism as a holistic worldview system was first formed in Europe during the Renaissance. Humanist ideas appeared in Europe in the Middle Ages as an uncompromising struggle for human rights against the humiliation of man, against cruel religious people who insulted him in the name of God and threw him into the flames of the Inquisition, and against the representatives of society who supported them. Humanism covered a wide range of social thought and spread widely in literature, philosophy, art and other fields in Italy in the 14th-17th centuries, and later in other European countries. During the following centuries, the ideas

of Humanism developed under the name of Humanism. This term was first used in science at the beginning of the 19th century, and until the middle of the 20th century, it was focused on criticizing injustice and inequality in society.

After all, the implementation of humanization of education has a positive effect on the development of reflection and self-regulation in the student, on the formation of his relations with the world, on the formation of a person who is a carrier of democratic and humanistic relations in society.

Nowadays, humanitarianism is a widely used and general concept, and humanization is considered as the main task, and it is impossible to talk about social development without solving it. Humanism is thinking and caring about what a person is like, what is his essence. This is self-awareness and at the same time it is protection of existence. Affirming the value of the individual is an expression of the irrelevance of any attempt to see the individual as a mere tool. After that, humanism envisages looking at a person as a social person. It means forming a mechanism to ensure the stability of the subject in social life.

Humanism is an important ideological concept of education, and a holistic approach to this process has its own characteristics. A holistic approach is a unique approach to educating a student, in which it is understood that the teacher has an all-purpose influence on the student, that is, not only identifying the shortcomings in the activity of the student, but also the cause of all the factors that somehow influence the formation of the deficiency. consists of studying and taking remedial measures and diagnosis.

The word "whole" has its roots in the Greek language, it appeared and was used a long time ago. Today, it is considered urgent to use a holistic approach in practice.

Four approaches to personality formation have been established in modern pedagogy:

- **Biologic approach**- man is a natural being, all his actions are the result of innate instincts and needs. A person is forced to obey the demands of society, and at the same time he manifests his natural needs.
- **Social approach** - a person is born as a biological being, only during his life activity he is socialized under the influence of constant communication with others and social groups.
- **Psychological approach** - mental processes in a person (such as intuition, perception, thinking) have a natural description, the orientation of a person interests, abilities are considered a social phenomenon.
- **Holistic approach** - a person has a holistic description, and his development is influenced not only by the peculiarities of his activity, but also by his lifestyle. At the same time, the results of social life - motive, goal, interest, etc. also play an important role in its development.

A comprehensive approach includes the following steps:

Stage 1. The preparatory stage of the holistic approach. At this stage, conditions are created for the implementation of the process. At this stage, the following issues are resolved:

- goal setting
- diagnose the condition
- forecasting results
- design and planning process development

Stage 2. The main stage of the holistic approach. At this stage, the process can be considered as a separate system. It consists of several interrelated elements:

- setting and revealing the purpose and tasks of the future activity;
- use of established methods, tools and forms of the pedagogical process;
- creating optimal conditions;
- implements various types of stimulation of the activities of pupils;
- ensuring the connection of the pedagogical process with other processes.

Stage 3. The final step of the holistic approach. At this stage, feedback is of great importance as a basis for quick management decisions.

- Feedback is the basis of quality process management.
- The cycle of the pedagogical process ends with the analysis of the obtained results. It is necessary to avoid repeating mistakes in the future.

All of us should be proud of the fact that the entire policy of our new Uzbekistan is imbued with humanitarian ideas and is a practical example of it. Issues related to human rights and democracy are defined by a special law in our country.

One of the most ambitious and humanitarian ideas of our President and the country of Uzbekistan is the policy of internal and external peace. As long as a person is born, he must live. Peace is necessary to live. So, the peace policy of our country is based on humanitarian policy.

The environmental policy of Uzbekistan is also connected with humanitarian content. As ecology is destroyed, human health deteriorates. When a person is unhealthy, it creates unhealthy in society. Promotion of programs such as "For a healthy generation" and others in our country is a great humanitarian initiative. New Uzbekistan cares about the health of its people and considers it as a national wealth.

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