

THE ROLE OF THE FAMILY IN RAISING A HEALTHY GENERATION

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ANNOTATION

The role of the family in the upbringing and socialization of the individual. Eastern thinkers about family education Organization of life of schoolchildren in the family. Responsibilities of parents to children and children to parents Views on family, school and social cooperation are described.

Keyword: Family, society, society, person, thinking, personality, child, affection, respect, harmony.

INTRODUCTION

A healthy environment is one of the most important factors in raising children fit for the country and able to serve the country, therefore ensuring the stability of families and supporting them from the material and moral side in our country is one of the priority areas of state policy, President Shavkat Mirziyoyev said. "We need to further strengthen the foundations of the family, create an atmosphere of peace, tranquility, harmony and mutual respect in homes, fill spiritual and educational work with concrete content. Crime among women, the growth of divorces in families, the falling of young people into the flow of various religious extremist movements and terrorist organizations are associated with bitter and sweet problems that are not typical for our people.

THE MAIN FINDINGS AND RESULTS

The family is the highest product of human thought, this wonderful abode not only gives meaning to our lives, but also plays an important role in the development of society and the country. forms high human qualities, such as respect and attention. The concepts of society and family are closely related to each other. This connection is seen in the fact that society cannot exist without a family, and the family, in turn, is formed and survives in a particular society. Social relations between the family and society are in the nature of bilateral relations. Each family acts on the basis of the requirements of society. The development of society is directly related to the level of formation of the socio-economic and spiritual qualities of families in its bosom.

Family education has been highly valued in the East since ancient times. The sacred sources of Islam are found in the Holy Quran and Sharif Hadith. views on the family and family relations are expressed. First of all, the valuable spiritual heritage of Eastern thinkers will be of great program importance in educating young people as comprehensively developed people. Muhammad al-Khwarizmi, Abu Nasr Farabi, Abu Ali ibn Sina, Abu Raykhan Beruni, Ahmad al-Fargani, Imam Ismail al-Bukhari, Ahmad Yassawi, Bahauddin Nakhshband, Amir Temur, Muhammad Taraghay Ulugbek, Alisher Navai and Zahiriddin Muhammad Babur. , political and philosophical views of famous scientists are important at all times. First of all, the valuable spiritual heritage of Eastern thinkers will be of great program importance in educating young

people so that they become comprehensively developed. Muhammad al-Khwarizmi, Abu Nasr Farabi, Abu Ali ibn Sina, Abu Rayhan Beruni, The socio-political and philosophical views of such world-famous scientists as Ahmad al-Fargani, Imam Ismail al-Bukhari, Ahmad Yassawi, Bahauddin Nakhshband, Amir Temur, Muhammad Taragai Ulugbek, Alisher Navoi and Zahiriddin Muhammad Babur are important at all times. During the years of independence, the feeling of national identity of citizens and the increased interest in studying the values of the past made it possible to objectively assess the role and place of the family in the development of the individual. The state's concern for the family is reflected in the laws and decisions adopted.

A clear proof of this is the creation of the "Family Scientific and Practical Center" in the republic. In fulfilling their social duties, parents should form in children a sense of love and respect for work and those who organize it, prepare them for socially useful work, and organize various forms of relationships. sets a good example in terms of creating a lifestyle, ensuring unity of goals, words and actions in determining personal life. The role of objective and subjective factors in family education is great.

Moral education is the core of family education. In family A healthy environment in the family, the psychological closeness of family members, the commonality of needs, interests and life relationships, the ability to support each other in any situation, the demands placed by parents on all their children, the same attention shown to them lead to positive results in family education. Listed achievement factors. Aesthetic education, organized in the family, involves a positive solution to such tasks as feeling beauty, enjoying it, creating feelings, perceptions, imaginations and visions based on enjoying the beauty of nature, teaching them to love life From childhood, children should understand that fake beauty (semi-nude or naked body, excessive makeup, traditional products of cosmetic operations, high-quality shiny fabric or jewelry) is not a symbol of beauty. Real, natural beauty in the imagination of the child (green nature, elegant snowflakes, delicate flowers, flawless sky, majestic mountains, clear blue water, clean, transparent

The purpose of organized moral education is to instill in children the highest moral qualities: love for parents and other family members, love for others, respect for adults, kindness to children, humility, honesty, diligence, generosity, humanity, justice, conscience, honor, pride, discipline, it consists of the formation of a consciousness of social duty, etc. The family is the first school of beauty. The relationship of family members, home furnishings, their unity, harmony, orderly arrangement, placement, school decoration, school decorations and craftsmanship, all this directly has a great influence on the education of beauty in children. air, empty fields, birds singing, clear water, raindrops forming dumplings, rainbow glitter, as well as an open, beautiful, beautiful smile, juicy voice, impressive art and works of art, toys made with high skill (electronic, exciting the nerves of a child , it is advisable to create conditions for the appearance of beautiful clothes, etc. In children, a sense of real beauty is formed by being in the bosom of nature, museums, exhibitions, cinemas and theaters. Therefore, excursions and visits to nature, museums, exhibitions, cinemas and theaters with preschool educational institutions and primary school students have a great educational power [2, 33.c]. The fair organization of the family economy in the proper upbringing of children in the family, the involvement of children in the work of managing the family economy

is of great importance. Family activities that children do do not exceed the level of their physical and mental maturity, that they do not tire quickly or become disabled should Children are responsible for their work, level of development, physical distribution of work according to the power given performance of tasks and their quality by adults control, has a true assessment of the tasks performed increases his enthusiasm, creates self-confiden. Organized work in the family teaches children to be resourceful, plan work, use time rationally, be frugal, and preserve the benefits of other people's labor and human labor. ecology) it is also established that in this process the solution of ideas about the compatibility of the concepts of man, nature and society in children prepares the ground for exploration. In a family environment, sweeping the yard, organizing flower beds, transplanting and caring for seedlings, and caring for the disposal of household waste creates a sense of responsibility for nature protection in children. .

CONCLUSION

In conclusion, every parent wants to create a dream atmosphere as a result of their efforts so that their children become perfect people in society in the future, so it is the duty of every citizen to ensure the stability of families in our country, to support them from a material and spiritual point of view.

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