## "THE ROLE OF FATHER AND MOTHER IN RAISING A GIRL"

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#### ANNOTATION

In the article, raising a girl from birth to 3 years old, shaping a girl's personality from 3 to 5 years old, how to educate girls, mutual trust and care, how to educate girls, in the mind of a girl, the educator is put in the place of the father.

Keyword: family, father, mother, upbringing, behavior, society, healthy generation, support.

#### INTRODUCTION

"Most of the time, we manage to do what we want, even if it goes against the wishes of our parents," writes Dr. Rascon-Ramirez, author of the study. "But no matter how hard we try to avoid parental advice, it influences our decisions." There is a profession that does not depend on the position of a person in society, this is the profession of motherhood and fatherhood. Parents are responsible for the education of their children.

The most important tool in education is to teach with kindness and tenderness. These two instruments become one and form the child. Including education, it is better not to do it with anger and punishment. After all, forced upbringing is quickly erased from the memory of the child. As a result, his interest in this area may fade. This shows that the beginning of education also begins with a good upbringing. The stability of the family, mentally and physically perfect children are the key to the stability and spiritual maturity of society.

#### THE MAIN FINDINGS AND RESULTS

No wonder our great-grandfather Amir Temur elevated marriage, the choice of a bride, and the upbringing of children to the level of state policy. The power of the state is in the hands of sane, educated, ethical people who gave their lives for the fate of the people, nation and Motherland. Such people are brought up in the family for the first time. Children's mistakes are parents' mistakes. Family, family members, especially the moral and spiritual maturity and educational views of parents are one of the most necessary and important factors in the upbringing and development of the child. The family is the school that prepares children for future marriage and family life.

Every parent should have a deep understanding of their duties and responsibilities in raising their children. Peace of mind in the family, sincere attitude, high parental authority, maintaining the unity of the elders in the family in exactingness towards children, paying special attention to educating the personality of the child, love and respect for the child, establishing a strict regime in the family and the agenda, taking into account the age and personality characteristics of the child, monitoring changes in the child, supporting independence and entrepreneurial qualities in him indicates that parents have pedagogical knowledge. Raising a girl from birth to 3 years

Do not think that it is useless to develop any quality in a child until he is three years old. Yes, freedom is needed, but within reasonable limits. Remember that it is at this age that the baby begins to explore the world, and how positive this experience will be for him depends on his parents. Until the age of three, a girl should be surrounded by care, affection and love, at the same time she should be taught simple manners and self-care skills. Be patient and reach new heights every day with your daughter. The first steps, the first word, the rules of behavior at the table, independent dressing (undressing) - all this the child must learn to do independently with his parents at the age of three. Feeling their support and attention, he quickly gets used to unworked and still unfamiliar actions. Formation of the personality of a girl aged 3 to 5 years. At the age of three, communication with her daughter begins to acquire new colors, more intense, interesting and sometimes unpredictable. On the one hand, it seems that there is nothing difficult in raising a baby who can clearly express his thoughts and correct his behavior, on the other hand, new problems arise. Three-year-old girls learn to manipulate adults, clearly understand their uniqueness. Grandparents often fall under the spell of the crumbs, mom and dad are in danger. During this period, it is important for parents to teach their daughters to use charm for their own good, not to succumb to the tricks of adults.

little princess image From the age of three, the girl begins to clearly realize her individuality. Your task is to support him in this matter not only with endless compliments, but also by awakening his sense of taste. Teach your baby to follow clothes, face, hair, it will not harm him in any way.

How to raise girls?

I'm a happy person. I have a good family, a beloved son and husband. The job I improved and had some success with was branch manager. I have almost no problems in communicating with people. I live and enjoy life. I like to set goals and achieve them. Everyone has their own path to happiness. I am grateful to my mother, who has helped me find this path so far. This is not to say that my mother used special methods in her upbringing. But there are a few points that I will talk about, and perhaps the general principles will be combined into one picture. All children argue with adults, this is normal. When I tried to defend my point of view and my mother did not agree with her, she did not tell me what to do, but tried to explain why this should be done in such a situation. The role of the mother in the upbringing of girls

A modern woman has many roles that we cannot always harmoniously combine. Therefore, if a girl is born in the family, it will be difficult to determine in which direction to bring her up. Parents want their baby to succeed in life, find his calling, be able to realize himself as a mother and wife. And along the way, we risk making many mistakes that will prevent him from coming of age. The most serious mistake that many mothers and grandmothers make in raising their daughter and, accordingly, granddaughter, is to program her for a certain set of mandatory skills and qualities that she must possess. "You must be nice", "You must be hospitable", "You must like", "You must learn to cook", "You ..." There is nothing wrong with being able to cook, but the girl develops the wrong mindset: you are only valuable if you meet a certain set of criteria. Here, a personal example is more effective and works without damage to the psyche: let's cook delicious soup together. Let's go home together. Let's choose a hairstyle together. Seeing how her mother does something and enjoying it, the girl wants to learn it. And vice versa, if the mother hates some business, no matter how much she repeats that she needs to learn it,

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the girl will subconsciously refuse this process. But in fact, everything that is needed, the girl will still learn sooner or later. When he needs it. The second common mistake in raising girls is the harsh, critical attitude towards men and sex, passed down to her by her mother. "Everyone needs one thing", "Here he swears and leaves", "The main thing is not to put it under your skirt", "You should not have access to this". As a result, the girl grows up with the feeling that men are aggressive and prone to violence, that sex is unclean and bad and should be avoided. At the same time, his body begins to send signals to him with age, hormones begin to run amok, and this internal conflict between the prohibition from the mother and the desire from the inside is also very traumatic.

7 facts about the role of a father in raising a child genetic war. David Haig, a biologist at Harvard University, has shown that the genes of the father and mother behave differently in the embryo. That is, when paternal genes try to force the embryo to receive as much strength from the mother as possible, this leads to damage to the health of the woman. And maternal genes act somewhat passively to preserve her body.

Minimal risk during pregnancy. According to research conducted at the University of Florida, the more time a father spends with his mother during pregnancy, the more time he spends with his mother has a positive effect on the child. Babies who grow up "fatherless" in the womb are often born prematurely. At the same time, these children have an increased risk of death before the age of 1 year. Look at this, the spiritual support of the father has a significant impact on the health of the expectant mother.

Painless childbirth. According to the results of the study, the participation of the spouse in the birth process somewhat facilitates labor pains. After childbirth. After the birth of the baby, the father needs to talk to him as much as possible. Lack of communication with the father has a sharp negative impact on the future behavior of the child and relationships with peers. We will raise an heir. Oxford scientists observed children older than 1 year. Among them, when they grew up without a father, they felt rude and aggressive towards the people around them. At the same time, the love and attention of the mother did not affect these aspects in any way. Look, no matter how hard a mother tries, she can't replace a father.

The influence of the father on the speech of the child. Fathers have a greater influence on the development of children's speech. The reason is that mothers spend more time with the child, and when they talk, they speak in a simple, child-friendly language, based on the child's vocabulary. And the father, when talking with his child, uses a wider vocabulary, which, of course, contributes to the development of the child's speech. Such results are confirmed by several studies conducted around the world.

### CONCLUSION

Girls who grow up without a father. According to the results of many years of research, girls who grow up without a father have a longer period of puberty than their peers. observable. Scientists say that the reason for this is that the girl subconsciously wants to grow up faster, feeling vulnerable due to the absence of a man in the family.

I want every father to be able to spend time with his children. Not only because it is useful for them, but because I love them very much.

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