COMPLEX OF SPIRITUAL AND MORAL EDUCATION IN HIGHER EDUCATION COUNTRIES

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Considering the spiritual and moral education of students as a set of educational and methodical works that can be performed during the educational process and outside of class, we have developed the following structural set of spiritual and moral education at the faculties of technological education.

Accordingly, spiritual and moral education is manifested as an integral system that connects mental, scientific, practical, creative processes with each other, gives them the right direction, and connects them with each other, is considered a driving force. The form and vision of the culture-spirituality that we mentioned above is calculated. It is spirituality that creates culture and manifests it. Assuming that mental education is the way and means leading to spirituality, in the spiritual and moral education of the future teacher:

- 1. Educate every student in the spirit of hard work, love and devotion to his country;
- 2. Students should learn about their nationality, the history of their homeland, traditions, customs and its place in the world civilization;
- 3. To ensure moral and mental health of students;
- 4. To widely promote that it is a means of glorifying the homeland and the nation in the development of the social education system;

The spiritual and moral qualities that develop in a future teacher in harmony with professional knowledge: humanity, patriotism, kindness, friendship, mutual respect, harmony, brotherhood, tolerance, selflessness, being a master of one's profession. it is a sign of national and professional perfection, as well as ensuring the appropriateness of personal professional qualities.

It should be rightly said that our country is a country of students. The quality of young people, who provide the future of our nation, is determined by their spiritual and moral quality.

Professional excellence in students is nourished by spiritual and moral education. High spiritual and moral qualities are a factor of high development. This is why spirituality is a vital necessity.

In today's modern higher education system, new opportunities, conditions, and creative improvement efforts created for students to learn independently in sports and physical education clubs have a positive effect on the moral and moral education of young teachers.

What is the importance of making spiritual and moral pauses related to the profession in the lessons in the spiritual education of students, and what does it give? First of all, it is a means of short-term, deep and at the same time full professional and spiritual and moral education for positive emotions. Depending on the topics being studied, professional spiritual and cultural education can be in the form of a conversation, telling new information from the pages of periodicals and showing video films about the profession. Choosing a professional spiritual break requires a lot of experience and strong preparation from the teacher, because the given material should be full of bright, interesting, different, exciting moments, otherwise it will be boring for students. Also, not all pauses need to be strictly on topic. Whether or not there are

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primary sources suitable for this topic depends on a number of factors, such as organizational conditions, teacher activity, provision of material and technical base, and according to the results of our experience, it is more appropriate to use the last type of professional spiritual pause is considered.

It can be explained as follows, students are often not only tired and even bored during the explanation of a new topic at the same pace, but at such a time, watching some video film (regarding sewing, domestic service, crafts and other cultural heritage or modern machines) to reinforce the topic serves as a recreation and enrichment of the topic with additional information. Also, in such a short time, they manage to get a lot of information. If you first ask them how long the break took, they will say that it took 10-15 minutes, when in fact they will be surprised when they say that it took only 3-4 minutes.

Such pauses, especially given in the middle of the lesson, give students additional energy and mood, disperse their fatigue, and the professional information presented will remain in their hearts for a long time.

Based on the given information, the teacher enriches the lesson with comments, comments and additional additions. Every student is satisfied in such a properly organized lesson.

In this way, 3-4 minute breaks during the course of the lesson on professional and spiritual education take away the students' fatigue, provide them with appropriate rest, improve their relationship with the teacher, and increase their interest in the lesson and profession. Organization of a lesson within such a lesson (budget) (without an additional lesson schedule), appropriate selection of professional spiritual pauses for specific training is justified, and the future professional education acquires great pedagogical and psychological importance in the spiritual and moral education of teachers related to their profession.

One of the important directions of spiritual education in the professional direction is to write abstracts in the field of work during extracurricular hours, to hold disputes, to conduct trips, to hold meetings with igors and skilled craftsmen, to make the topic of graduation qualification work national handicrafts in the professional direction, tailoring, embroidery, etc., is to choose the subject in accordance with the content, to attract them to new research and inventiveness. Below are some suggested topics for essays on moral description in the field of technological education:

- 1. Who was the first to sew clothes with a needle? (past, present and future of tailoring);
- 2. Did the housing appear earlier, and the stages of their development?;
- 3. The role of craft development in the development of elements of our cultural heritage;
- 4. Is national embroidery an integral part of our spirituality?
- 5. Doppi and traditions of our national spirituality;
- 6. The history of Bekasam and our moral values related to it;
- 7. Atlas- pride and hakazo of the women of our nation;

When preparing the subject of the abstract, it should be assumed that the questions to be covered by the students should be deep and interesting in every way, and serve as a first step to restore one or another of our spiritual values, and motivate special improvements and changes in their creative work. This will further increase their interest in the profession.

One of the effective forms of education in the spirit of our spiritual values is a dispute. It is advisable to organize such professional conversations on the topics of the above abstract and

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other additional topics. Valuable suggestions about issues that a student may have overlooked when writing an abstract in an argumentative debate will further expand their knowledge base. Encourages creative research and taking it into account when continuing the abstract as a graduate work in the future.

In conclusion, developing the initial creative work from the abstract to the level of graduation qualification work related to our spiritual and moral values related to professional education will develop the professional spirituality of future technological education teachers, which will help the young generation when they go to schools and work. serves as a foundation in the direction of professional culture.