

LIFELONG LEARNING – LLL – THE BASIS OF PERSONAL DEVELOPMENT

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RESUME

substantiated the relevance of lifelong learning, which plays an essential role in the process of personality development, contributes to adaptation to rapidly changing requirements in the professional environment and social changes in general. The role of lifelong education for the development of the individual and the realization of his potential, both professional and personal, is revealed.

Keywords: Lifelong Learning, lifelong education, modern trend, personality, social role of a person, professional and personal life of a person, knowledge, experience, opportunity.

Аннотация: обоснована актуальность обучения на протяжении жизни, которая играет существенную роль в процессе развития личности, способствует адаптации к быстро меняющимся требованиям в профессиональной среде и социальным изменениям в целом. Выявлена роль образования длиною в жизнь для развития личности и реализации его потенциала, как профессионального, так и личностного.

Ключевые слова: Lifelong Learning, обучение на протяжении жизни, непрерывное образование, современный тренд, личность, социальная роль человека, профессиональная и личная жизнь человека, знания, опыт, возможность.

Аннотация: шахс ривожланиши жараёнида муҳим роль ўйнайдиган, профессионал муҳитда тез ўзгариб турадиган талабларга ва умуман ижтимоий ўзгаришларга мослашишга ёрдам берадиган, ҳаёт давомида таълим олишнинг долзарблигини ёритилган. Шахсинг ривожланиши ва унинг касбий ва шахсий салоҳиятини рўёбга чиқариш учун ҳаёт давомида таълим олишнинг ўрни очиб берилган.

Калит сўзлар: Lifelong Learning, ҳаёт давомида таълим олиш, умрбод таълим, замонавий тенденция, шахс, шахсинг ижтимоий роли, инсоннинг касбий ва шахсий ҳаёти, билим, тажриба, имконият.

INTRODUCTION

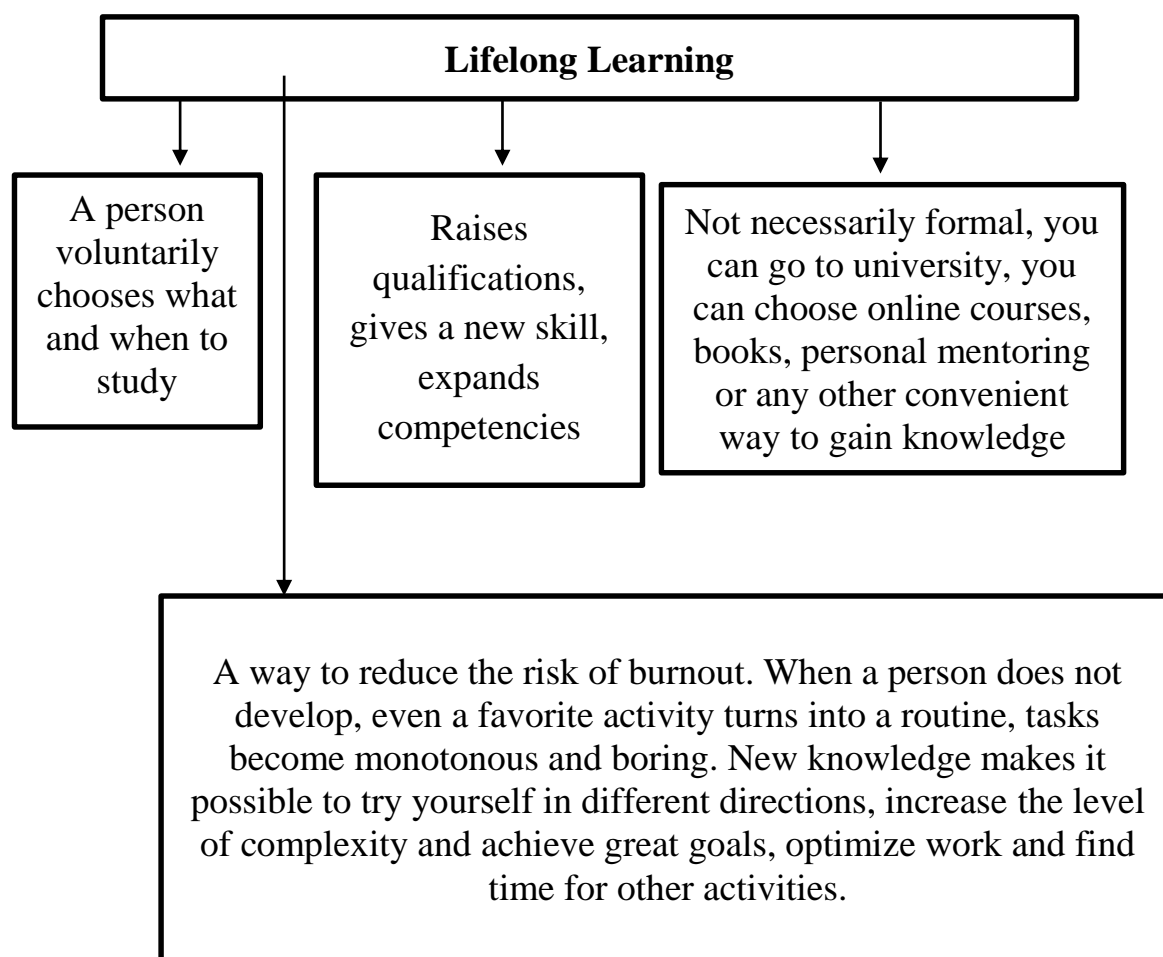
The concept of “one specialty for a lifetime” is becoming a thing of the past. Lifelong Learning or lifelong learning is an ongoing, voluntary, independent and motivated process that is considered a modern trend and goes beyond classical education to constantly acquire new knowledge and skills.

Lifelong learning is in demand due to the dynamic changes in life itself, the need for a person to act in rapidly changing living conditions, situations of uncertainty. A person does not have enough knowledge, as well as competencies acquired in the course of general and vocational

education, since there is a rapid increase in professional knowledge, mobility of the conditions of professional activity, therefore, a person needs to learn and retrain all his life [1].

Lifelong learning is flexible, diverse, and available at different times and locations. This definition is based on four “pillars” of future learning:

- **Learning to know** (teaching knowledge) - mastering teaching tools rather than acquiring structured knowledge;
- **Learning to do** (training) - equipping people for the types of work that are needed now and in the future, including innovation and adaptation of training to the future work environment;
- **Learning to live together, and with others** (learning to live with others) - peacefully resolve conflicts, discover other people and their cultures, strengthen community capabilities, individual competencies and abilities, economic sustainability and social inclusion;
- **Learning to be** (learning to be) - education that contributes to the full development of a person: mind and body, intellect, sensitivity, aesthetic appreciation and spirituality [2].



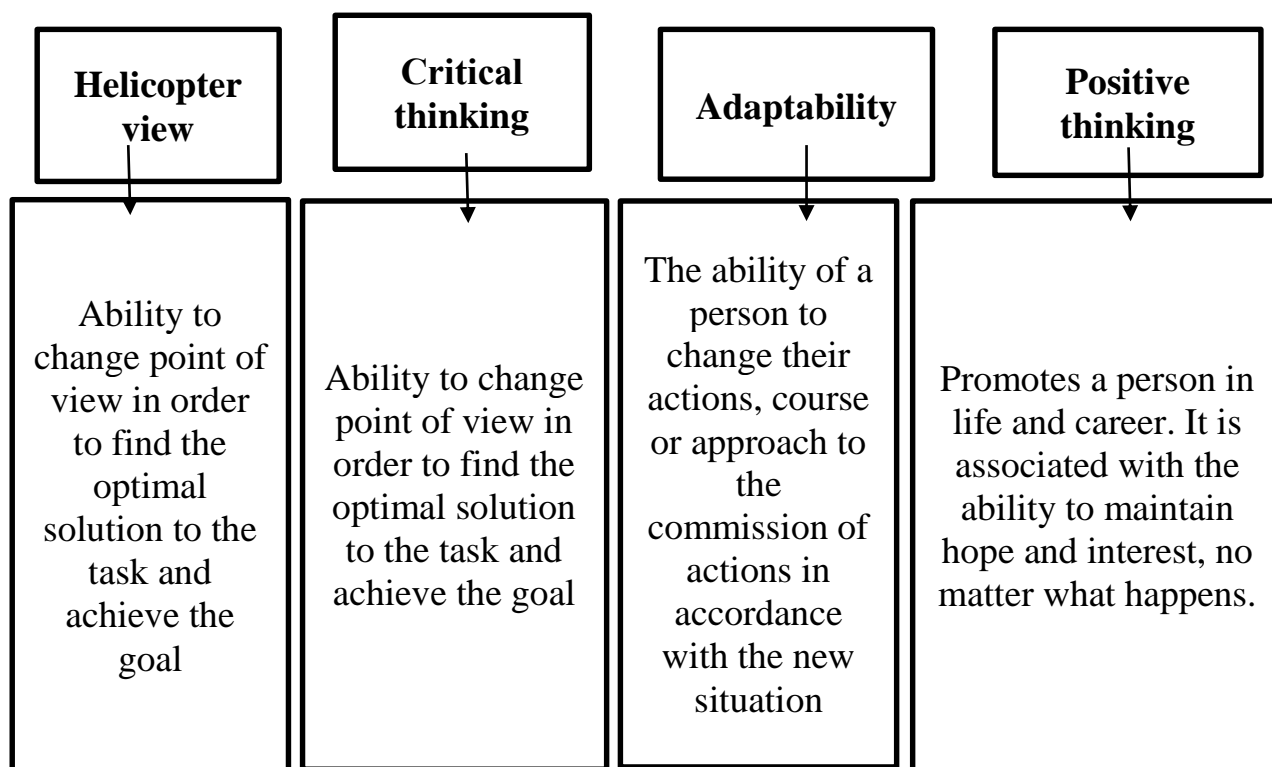
Lifelong learning is becoming a necessity in many countries. It includes any learning throughout life: from early childhood to ripe old age - and in different conditions: formally (in educational institutions), informally in the workplace and informally in social life. The opportunity to learn throughout life is becoming increasingly important for countries that strive to be competitive in the global knowledge-based economy [3].

Each person may have their own motivation: someone wants to improve their qualifications, acquire new skills, and someone wants to completely change their lives.

Studies conducted by sociologists state that changes in value attitudes are taking place in the modern information society, and knowledge, experience and the possibility of obtaining them at any age come to the fore in the ranking of individual values. The need to resume training, to improve professional competence arises in the event of a collision with innovations in professional and personal life. Taking into account the global nature of the ongoing changes, the introduction of new technologies in all spheres of life, there comes an understanding of the need for lifelong education as a condition for the full-fledged innovative development of society, the basis for the success of each individual [4].

It is necessary to rethink and expand the concept of lifelong learning, it must not only adapt to changes in the world of work, but also must constitute a continuous process of the formation of whole human beings - their knowledge and skills, as well as the ability to act. This should allow people to develop an awareness of themselves and their environment and encourage them to play their social role at work and in society [5].

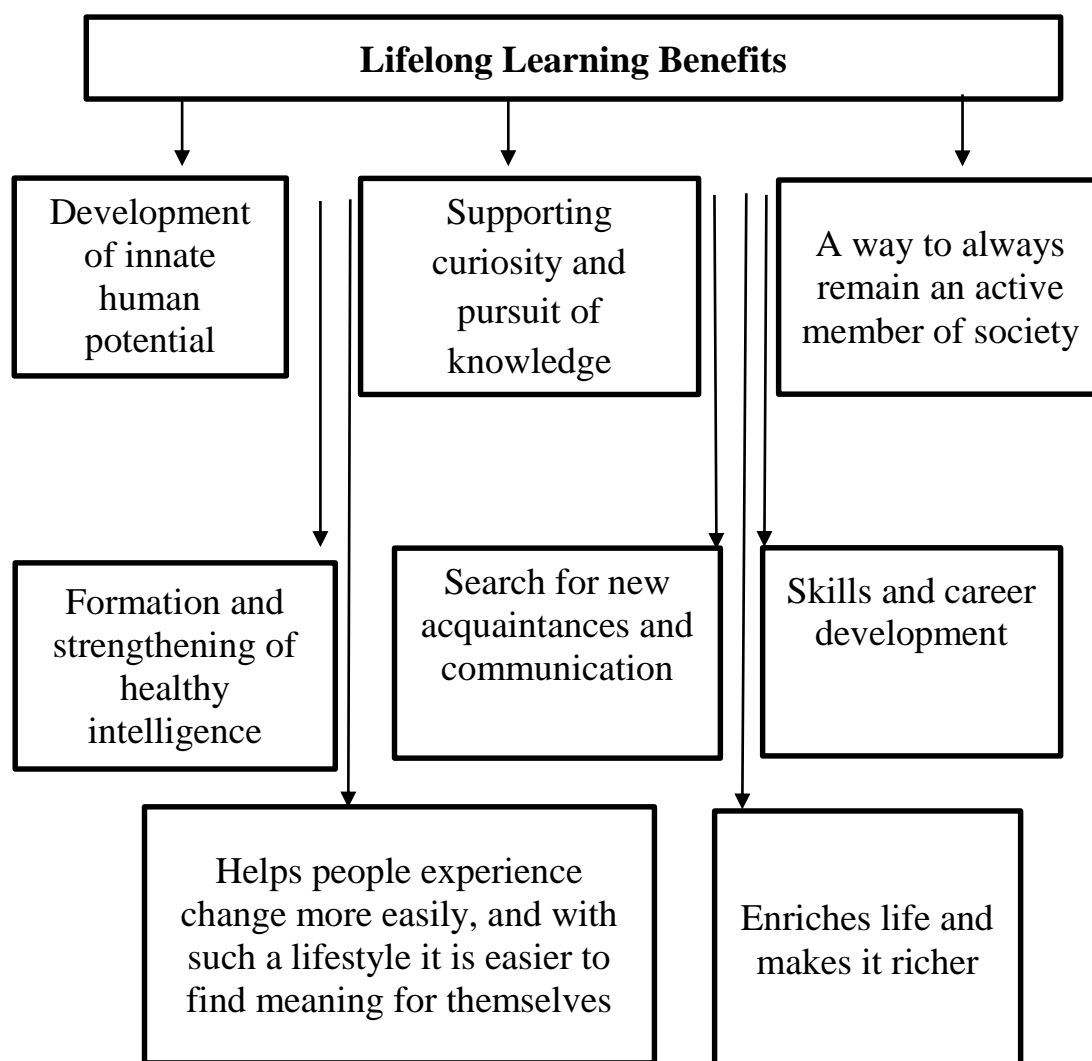
Lifelong learning has four value competencies:



These core competencies form the basis for the formation of broader social skills that help to cope in educational, professional situations. A person who wants to stand out from the crowd should present himself as best as possible and continuous education helps him in this.

Constant expansion and deepening of knowledge creates opportunities not only for personal growth and development, but also for professional growth.

Education should be perceived as constant self-improvement [6].



It is fair to say that the ideas of lifelong education, for all their merits, in practice face a number of problems. When it comes to adults, do not forget that they are, for the most part, convinced: they are already specialists in their field, their professional level is quite high due to the theoretical training received during training and the accumulated knowledge in the process of practical activity. Therefore, they often lack the motivation to continue their studies. There are many reasons for this: from the lack of time and money costs to the inefficiency and formality of the advanced training system ...

In the process of acquiring new knowledge, an individual changes his value attitudes, forms other expectations, which can radically affect his further socialization and change his way of life [7].

Lifelong Learning is a comprehensive personal development, on the one hand, and a way to promote the development of the whole society, on the other, allows a person to feel young and in demand, regardless of age.

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