

CAUSES AND FACTORS OF VIRTUALIZATION IN THE LIFE OF YOUTH

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ANNOTATION

This article discusses the virtual world, the impact of virtual education on the socio-political and economic life of young people. In addition, the reasons and factors for the development of media use in the context of globalization and ways to use them wisely are discussed. The work carried out in our country in this direction, the reforms being carried out to ensure the effective form of virtualization will be described.

Keywords: Virtualization, pandemic, distance education, healthy lifestyle

INTRODUCTION

In today's information age, the virtual model of life is rapidly taking shape in almost all countries of the world. First of all, we need to understand the essence and origin of the word virtualization. In fact, the word virtualization began in the 1960s as a way to logically distribute system resources between different applications developed by computers. Since then, the meaning of the term has expanded. Today, the term is used primarily to refer to the spread of modern media and the Internet among mankind. It's hard to imagine our lives today without the internet. This is especially true among young people. In 2010, a small youth experiment was conducted in the United States. It was attended by various respondents. The experiment found that young people spend an average of 10 hours and 45 minutes a day using the media and the virtual world. Of course, this takes into account various aspects of the media, such as newspapers, social networks and television. We study the objective and subjective causes of virtualization in the lives of young people.

First of all, today's worldview has led to a deepening of virtualization, with the spread of Covid-19 around the world over the past two years, with various levels of lockdowns and restrictions imposed by many governments. As a result, the importance and role of distance learning in the education system has increased. This, in turn, has had an impact on young people's access to virtual information systems. If we pay attention, on March 15, 2020, intensified quarantine measures were introduced in our country. All educational institutions, catering establishments, many enterprises and organizations have been transferred to the form of remote work. As a result, this has led to a wider use of digital technology between teachers and students. For the first time in our country, the "moodle" platform, "zoom" application has been widely used. In particular, it has led to the popularity of virtualization among young people. It is well known that university students, students of academic lyceums and secondary schools should conduct independent research on their assignments and use different levels of literature. There is no need to go to libraries today for this. Numerous versions of theoretical and practical literature in electronic form are available on the Internet. This helps young people to find the information they need quickly and easily without moving. It should be noted that this saves a lot of time

and money on transportation. Secondly, the online market, marketing, logistics and other spheres are developing in our country as well as in other countries of the world. Since the financial income of IT professionals is several times higher than that of other professionals, many young people have decided to study digital technology.

Another positive aspect of virtualization is that it allows you to study foreign languages independently, conduct research, and communicate with international students. The development of the Internet has played an important role in the worldview of young people. In addition to the advantages of virtualization, there are also disadvantages. Today, almost all young people use the Internet. Of course, these sources of information are important in broadening the worldview and increasing the knowledge of the younger generation. While not denying the positive aspects of the media and social media, it should also be noted that it has the potential to have an ineffective, negative impact on young people. Thousands of videos, cassettes, and laser discs that are shown, rented, and sold on television promote the idea of fighting for survival. It is a self-evident fact that they are poisoning the minds of young people, alienating them from our national and spiritual values, and subjecting them to national nihilism and manicurism. In order to solve these problems, it is necessary to pay special attention to the coordination of media activities, broadcasting and print media, as well as the quality of information provided by national sources on the Internet, especially their content. Most young people prefer to work remotely by mastering the IT field. This, in turn, can lead to many diseases, including overweight, decreased vision, and even diabetes as a result of inactivity. The extreme virtualization of young people is pushing them further away from the natural world. Many young people spend a lot of time on unnecessary and time-consuming social media content and play a variety of video games. Of course, such information attracts more and more curious young people. It is a well-known fact that the more children are not allowed to do something, the more interest they will have. If young people are exposed to some sources of information about unhealthy lifestyles in the network, it is likely that they will be more interested and pay special attention to this information. For this reason, adults need to be taught from the day a child is born that they cannot touch hot teapots, pots, knives, scissors, etc., and that network information is dangerous.

Of course, we must not forget that the Internet resources can have not only a negative, but also a dangerous impact on the upbringing of modern adolescents, as they expand their knowledge and outlook. causing it to increase further. Adolescents who do not have a culture of working with the virtual world are involved in various harmful currents due to the lack of will and inability to separate information, and they unknowingly ruin their future.

As a solution to these problems, we can cite the following. Of course, in today's era of globalization, there is no need or benefit to ban development or virtualization. On the contrary, it should be used wisely. In the modern world model, many people work remotely where they live. They need to develop a healthy lifestyle. Taking this into account, the President of our country has decided to introduce various awards for citizens over 18 years of age who walk 10,000 steps. So, this thing helps to maintain the balance of human life in the age of virtualization. In order to prevent the ineffective use of the virtual world by young people, it is necessary to form a culture of information and Internet use in children and young people, starting from small educational institutions, to teach them how to benefit from it and do the

necessary research. Thirdly, it is necessary to further develop reading among young people, to encourage them. It also prevents young people from becoming addicted to the Internet in an informed world.

In his many speeches, the President said that young people have a great responsibility and use their time effectively: “Based on my experience, my advice to you is: value science, strive for science! Don't waste a second! Youth is the most precious period of life. Never forget that science is a treasure that will not burn, will not sink, and will not be taken away from you! You are the children of independence. You are growing up in a free country, free from the obstacles and hardships of your ancestors. You, the young people, have to be the decisive force in the pursuit of higher goals. I firmly believe that you will fulfill with honor such a huge responsibility, this truly historic task”.

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