

## FORMING A RESPONSIBLE ATTITUDE TO THE FAMILY IN YOUNG PEOPLE

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### ANNOTATION

The values of the Uzbek family are known and popular all over the world. In particular, the education of young people and the next generation is a multifaceted issue. In today's virtual world, educating young people with devotion and responsibility to existing values and traditions is becoming increasingly important. In this article, the author takes a step-by-step look at the issues we highlighted above.

**Keywords:** Youth, family, society, responsibility, family preparation, parents, national values, Uzbekness, etc.

### INTRODUCTION

Today, 62 percent of Uzbekistan's population is children and adolescents, mostly young men and women under the age of 30, and some of them are young families. Young families are important subjects of socio-political, economic, cultural, and spiritual renewal of society and play an important role in influencing the complex processes taking place in social life and driving development. Therefore, an in-depth and comprehensive analysis of the formation of the spiritual, moral, and spiritual world of young families is of great scientific and practical importance. In this regard, the formation of strong families, social protection of motherhood and childhood at the level of state policy, attention is paid to the creation of favorable conditions for the birth of children, the establishment of strong cooperation between families and the community in the process of effective family upbringing. The establishment of the Order of the Healthy Generation in February 1993 and the adoption of the State Program "Healthy Generation" are clear proof of our identity.

We know that in our country a lot of attention is paid to young people, their education and professional development. But this is not enough for young people to have a prosperous future, they also have to learn from family life lessons. Because only in a strong family will children be able to live as they wish. Observations show that some young married people are unprepared for family life, have disagreements in their relationships, lack respect for each other, lack a serious sense of responsibility, are accustomed to living a light life, have different physiological conditions. and cases of unfamiliarity with psychological features appear. Therefore, in the psychological preparation of young people for family relationships, it is necessary to pay attention to the following aspects:

- In addition to teaching science to young people in educational institutions, to teach them the correct formation and establishment of moral relations in relationships;
- Teach them to understand and appreciate high human feelings; 3. To form scientific ideas and realistic ideas about the social, legal, biological, and spiritual knowledge of young people;
- Helping young men and women to develop as physically strong, healthy, highly cultured, stable values, well-behaved, strong-willed individuals;
- To teach that the family is highly valued, to value mutual duty in the family.

To have a healthy family, first of all, society and the state must take care of it and lay the groundwork for it. Only then will a strong family be born. When the family is healthy, the society is healthy, the country is strong, the country is peaceful. Today, special attention is paid to enriching the knowledge and understanding of young people who are getting married on the sanctity of the family and the responsibilities of marriage. In particular, it is explained that marriage is a huge event in the life of every person, this issue goes beyond the personal, private sphere and acquires social significance. Secondly, adolescents, first of all, in the minds of our girls are aware of family responsibilities, certain work is being done to prepare them for marriage. Third, measures are being taken to radically improve the legal literacy of young families and to protect the legitimate rights and interests of the child in the family. In particular, roundtables, seminars with the help of experts on the spiritual and moral, socio-legal aspects of marriage, biological and physiological changes associated with puberty, as well as what to look for in this period, kinship. The harmful effects of marriage, as well as issues of sanitation and personal hygiene, are explained in detail.

The sanctity of the so-called family, the strength of the "family palace" depends on the characteristics of the premarital factors, and how well they are placed correctly and firmly. If this foundation is mature and strong, the building on it will be beautiful, bright, and will provide comfort, peace, tranquility, and well-being to its occupants. Your family also has its foundations. They are the pre-marital factors that form the basis of the formation and construction of this family. it will continue to be crooked and dilapidated, and it will be in danger of collapsing and collapsing one day. The psychological literature on the social and psychological problems of the modern family differs in the different forms and manifestations of premarital factors. Among the pre-marital factors is the maturity of the young people who are starting a family: family maturity: their motives for getting married: the period of getting to know each other before they get married (how long they know each other) conditions and conditions: their future family life ideas about, Of course, each of these factors can have different characteristics at different ages, but each of them, in turn, differs into several other types. For example, maturity in marriage can be defined as the maturity of young people who are getting married: physical (physiological), sexual, legal, economic, spiritual, moral, psychological. These include legal, sexual maturity indicators, which have sufficiently clear signs and characteristics, and there is a lot of information about them in the relevant legal, medical, psychological literature, economic, spiritual, moral, psychological aspects. a slightly more complex, rigid indicator is characterized by the absence of boundaries. For example, a

person's sexual maturity has its own set of factors. According to clinical observations, sexual maturity (puberty) in modern girls is 12-14 years, and in boys - 14-16 years. Of course, this maturity may occur earlier in some children and later in others.

Preparing young people for family life - Among the many aspects of the problem of shaping the readiness of young people for family life, the social role of family, and marriage in modern society, the existence of civil claims is among the most important concepts. The regulatory impact of norms and standards of family behavior, which are now organized in society and strengthened in the public consciousness, is significantly weakened. This is primarily because in modern conditions some important features could play an important role in the traditional family. The habit of the man and the woman of the spouse in the past has changed significantly and the functional roles have changed. In addition to the ethical regulation of various relationships, the legal regulation of these relationships also undermines and strengthens the social nature of family members by defining the fundamental rights and responsibilities of family members to each other and society and society. 83% of students learn about teacher rights, school-based conversations while reading books, watching TV shows, and movies. When discussing legal issues in families, in conversations with loved ones they often have a negative attitude towards the right to other types of social norms.

Family life requires special training of future spouses. Accordingly, it is necessary to develop the readiness of couples to fulfill their responsibilities as parents as husbands and wives. It is important to keep in mind that in a parental family, the child consists of behavioral scenarios in almost all major areas. From here, it is very important to organize a parent-universal organization throughout the country, as well as to prepare for family life. The process of preparing for family life is complex, multifaceted. Here I am, in my opinion, important. It is, first of all, starting from the orphanage, starting from the orphanage, understanding the importance of his family for him. What this is, in many ways, depends on personal experience and the example of the parents. That's why it's important to talk to parents about family life issues. The full psychosexual development of children depends on the actions of the parents. These parents need to keep the child in the stages of psychosexual development. The upbringing of children in a child from birth should be aimed at becoming a future parent. A spiritually developed person is one who not only understands but also evaluates and acts correctly. Spiritual education in the family is a common spiritual life with the parents. Children's attitude to the family. Parents need to have unlimited resources, spirituality, vitality. The path of human development is infinite, so upbringing can give nothing - it just opens up to them and teaches them to go. In this regard, it is necessary. Thus, the child constantly develops a desire for perfection. The article addresses issues related to family values in society. The author proposes a social project of social significance related to large socially well-off families in the process of determining the family status of family wealth.

The concept of long-term socio-economic development of supporting family values and their multiplication and strengthening the role of human capital, including in solving the demographic task, is in line with the norms of the state's innovative development strategy. However, changes in the content and structure of family relationships, the disintegration of traditional family relationships has led to the collapse of the family, which affects families more

vulnerable, especially young families, because couples while on stage Social, professional self-determination and support (social, psychological, socio-legal, etc.). It should also be noted that the family is not only a common life, but a separate spirit, atmosphere and, unfortunately, the traditional relationship still exists today - Children ", this is unacceptable, because the connection between generations, as scientists point out, feels the stability of the world. In this regard, support a positive response trend to form family traditions and a system of moral and family values in youth. One of the carriers of such values, in our opinion, can play familiar families. If we technologically support the broadcast of values, we propose the project "Secrets of Family Happiness."

The Uzbek people have a rich tradition and customs, it is famous all over the world for its wedding ceremonies, ceremonies, hospitality, table setting, cooking national dishes, and other aspects. Over the centuries, the values of all the customs and traditions of the people have been passed down from generation to generation. After gaining independence, these habits, customs, values became more perfect and developed. The family is the most reliable support of our society in solving the problems of educating young people in a comprehensive aesthetic sense. The aesthetic upbringing of young people, first of all, requires their active participation in the restoration of our traditions and values. Today, the correct and positive solution to family problems, the relationship between husband and wife, parents and children remains one of the main conditions in the upbringing of children. The Uzbek family has a high responsibility to bring up the younger generation as perfect people. Indeed, the formation of a person's personality begins in the family environment, in particular, in the family, behaviors, habits, attitudes, scientific worldviews, and beliefs are formed. The highest human feelings, good intentions, unique spirituality, talent, intelligence, potential, intelligence are also developed in the family. The Uzbek family has many similarities to other families in the world. At the same time, its peculiarities are not absent. According to the ancient notions of our ancestors, marriage is a divine covenant, family is sacred. The issues of aesthetic education and the development of theoretical problems of aesthetics are the most important part of the social views of thinkers. Farobi in his aesthetic views greatly glorifies the human personality. Contrary to the dominant beliefs that strike man to the level of a "helpless slave," a creature capable of nothing, \* in the eyes of the thinker, man is the highest perfection and has the "intelligence" necessary for himself. is a being capable of creating everything. If a man works only for himself, he can be, say, a famous scientist, a great sage, a great poet, but he can never be a truly perfect and great man.

It is well known that a family is a form of a social group with a socio-historical character and a certain structure. In particular, the members of the line are interconnected by such characteristics as kinship, marriage, unity of living conditions, common morals, compatibility of spiritual needs. The family is a complex social group, formed as a result of an integrated combination of social, moral, ideological, spiritual relations. For this reason, changes in marriage and family relationships are directly related to changes in their material, economic and financial basis. Since everything is created in pairs, living in pairs is a requirement of nature. But living as a family is unique to the human race among all creatures. The first family on earth was formed by Adam and Eve. They met when they missed each other so much after

a long separation. It is safe to say that the history of love also begins with our first father and first mother. Love is a very old thing, but every heart renews it. Family members are connected by common life, mutual economic-property, legal, moral, spiritual ties. The first task of the family is to continue their lineage, to raise righteous and virtuous children, to ensure that family members spend their free time voluntarily.

### CONCLUSION

we can say that today in our country a lot of attention is paid to young people, their education and profession. However, this is not enough for the future well-being of young people, but it is becoming a requirement of the time to provide them with a broad and sufficient knowledge of psychological knowledge and concepts from family life lessons. Because only in a family with a healthy psychological environment can the next generation grow up harmoniously and fit for the country. From this point of view, our attention to this issue has become a requirement of the time and demonstrates its relevance in practical life. If we look at the 2019 statistics, every sane person understands that the divorce of 30,000 families in 11 months is a great threat to the fate of the nation and the future of the state. Assuming that every divorced family has two children, 60,000 children will grow up in a single-parent family. Naturally, this condition has a very negative effect on the child's psyche. Efforts to drastically reduce the number of children with special needs in school and community life today are failing.

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