

THE CORRECTIVE SIGNIFICANCE OF SOCIAL AND HOUSEHOLD SKILLS FORMATION IN STUDENTS WITH DOWN SYNDROME

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ABSTRACT

In the article, the directions of work on the formation of social and household skills of students with Down syndrome, the main goal of the formation and development of social and household skills, the formation of knowledge, skills and skills acquired by students with Down syndrome in specialized auxiliary schools and boarding schools. the information is stated.

Keywords: Down syndrome, family function, socialization, limited ability, adaptive function, speech therapist, integration, cooperation, communicative features.

INTRODUCTION

Today, a lot of work is being done in our country to protect children from social, economic, legal, and spiritual aspects. In solving correctional, educational and educational tasks in special pedagogy, the formation of social and household skills of students is of great importance.

Being involved in social and household activities, the child changes his ideas about himself and the world around him. His self-esteem improves. In the process of communication and acquisition of new knowledge, the child's worldview is formed.

Social and household activities have a positive effect on the child's whole body and allow him to participate in all processes. Children are taught the skills necessary for personal hygiene, the habits of controlling the cleanliness of the room, which in turn creates conditions for a healthy lifestyle. Involvement in various activities allows children to understand the beauty of this work and enjoy its results.

The main goal of the formation and development of social and household skills is to enable students with Down syndrome in specialized auxiliary schools and boarding schools to use the knowledge, skills and qualifications acquired at school to start an independent life after graduation, to successfully adapt to it, and to confidently manage their mental activities. is to form as much as possible.

What should a graduate of a specialized assistant boarding school know and be able to do as he embarks on an independent life?

He should know how to serve himself and his loved ones at home, which includes: personal hygiene, arranging meals, taking care of housing, knowing and being able to take care of clothes, shoes, and other items of daily life. requires to be done. Such knowledge and skills provide a person with a certain level of independence, confidence and non-dependence on others, and provide them with constant, pluralistic support. Service of commercial institutions (store,

market, kiosk), household service (hairdresser, atelier, repair shop, kitchen, cafe, etc.), communication (post office, telephone, telegraph), culture (library, cinema, theater, museum) and public transport) is also important.

Unfortunately, in life, there are undoubtedly such situations related to the need for medical assistance. Therefore, in such cases, children should know how to contact medical institutions (pharmacy, hospital, "emergency" service) and provide some first aid.

In order to organize an independent lifestyle successfully and well, a person should adapt to economic and household issues: he should have an idea about money, income, budget, the main items of the budget's expenditure part, he should know how to plan it by month, he should be able to use money appropriately, etc. .

It is important for a person to organize his free time wisely and purposefully.

One of the important conditions that help the social adaptation of auxiliary school pupils is to know how to deal with them; express their thoughts fluently and logically; questions, requests, offers to help; listen carefully to the answers; to say thanks for the answers; use of speech etiquette; It consists in forming the order of keeping a turn in conversation.

The formation of the mentioned socio-household skills in children is mandatory and undoubtedly, strictly, inevitably based on the mutual social-cultural general mandatory order and rule between people. This general mandatory order, rules were developed by mankind in the process of historical development, and as long as it is so, it is not for individual people, although it belongs to him, it applies to all people living on our planet. With children and adults; with men and women; with students and teachers; with children and parents; with other relatives; peers etc. the relationship in the spirit of mutual respect and goodwill is to care for each other.

Teachers should help children learn the culture of interaction between people based on the rule of general mandatory order, this general mandatory order should help to pay attention to the rules and make it easier.

Forming attitudes in students in accordance with household and cultural values and the general, mandatory rules of morality and decency, inculcating such moral qualities in them, including kindness to others, intelligence, compassion, caring, striving to help others, It is important to teach how to help. Also, for the success of the process of interconnected development of the child in the society, it is also brought up to have an impressive positive attitude around.

In order to organize a person's independent lifestyle, it is important to form voluntary qualities and skills such as independence, responsibility, initiative, courage, overcoming difficulties and bringing the work to the end. , depending on one's strength, knowledge and opportunity.

If a person knows his job and has the skills to do it, he will believe in his own strength. In turn, a self-confident person quickly grows, develops and acquires the necessary knowledge and skills. Therefore, the availability of opportunities and success of organizing daily life in the students is one of the points of the effectiveness of their social and household training.

A child who has acquired socially important knowledge and skills can only perceive the environment-objects, processes, events, etc., only when he assimilates exactly the same, appropriate and perfect. Analysis of various life situations of children with Down syndrome, their assessment; current importance of existing knowledge and skills in the required position;

it is necessary to teach comparison, generalization, coming to a certain opinion, drawing conclusions, etc.

Thus, for the independence and non-dependence of a mentally deficient person, it is one of the important means to correct the impairment in his cognitive activity as much as possible.

Such a highly desired "portrait" of a graduate of an auxiliary school, perfect in all respects, can be considered as the goal of the process of social and household preparation. In order to achieve the goal, it is necessary to solve the following main tasks that are formed in the students:

- knowledge and ability to do household work (personal hygiene, organizing meals, taking care of accommodation, clothes, shoes and other things in everyday life);
- knowing how to use the services of various institutions and organizations (trade, household service, communication, culture, medical service), transport;
- economic and household knowledge;
- to know how to organize one's free time;
- knowing the relationship;
- to imagine and know the general mandatory rules of the culture of interaction with different people (acquaintances and strangers, strangers, seniors and juniors, teachers, peers, etc.), to gather relevant experience;
- highly morally impressive positive attitude of those around;
- voluntary characteristics, confidence in one's own strength and capabilities;
- cognitive activity.

Social and household orientation is aimed at preparing children with Down syndrome for practice, increasing their general development level.

The tasks described above show the important areas of work, as well as "Personal hygiene", "Clothing", "Food", "Family", "Culture of treatment", "Residential" of the work related to the social and household preparation of the students. , "Transportation", "Commercial institution", "Means of communication", "Medical care", "Organization, institution and enterprise", "Household economy", "Employment" . The following are taken into account:

- consistency between preschools and schools;
- the necessity and practical importance of acquired knowledge and skills to create conditions for future independent livelihood of the trainees;
- ease of understanding of knowledge, skills, work processes for children with Down syndrome;
- the ability to regularly perform each type of activity recommended for mastering in everyday life.

As a rule, the first topic requires children to familiarize themselves with objects and the environment in everyday life that surrounds people (clothing, shoes, food, dishes, transport, shops, etc.), and the second topic requires children to look at objects or use services. related to learning and mastering the types of household activities related to the skills of use. Knowledge and skills related to each topic are determined based on the scope of knowledge and skills that are vitally necessary and of practical importance. Therefore, in order to have the necessary right to life under the "Clothing" section, the educated person needs certain practical information (the name of the clothes, the fact that their parts are made of different materials, the symbols of the clothes and in order to know how to properly acquire its properties, where to get it, etc.) and how to perform labor processes related to its maintenance. It is necessary to analyze every

household process from the point of view of its transactions (operations), methods, actions, their necessary research, the criteria (criteria) of correct performance of each action, methods. Such an approach makes it possible to confirm the results of the research with evidence: in many cases, the children demonstrate the incorrect performance of household labor processes due to their inability to correctly perform the methods, operations, their consistency and criteria of labor processes.

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