

**PEDAGOGICAL CONDITIONS OF SOCIAL ADJUSTMENT OF STUDENTS**

Erkabayeva Nigora Shermatovna

Kokan DPI Pedagogy and Psychology Dean of the Faculty, Ph.D., Professor

Phone: 998911406769

Elmurodova daughter of Odina Elbek

2nd Stage Student of Fine Arts and Engineering Graphics

**ABSTRACT**

This article is devoted to the social adaptation of the student to the life of the Higher Education Institution, the necessity of student socialization, objective and subjective factors affecting socialization, forms of work affecting the effectiveness of socialization, tools and styles are explained.

**Keywords:** social adaptation, adaptation, internal and external factors, motivation, professional competence.

He insists that the socio-economic reforms carried out in all spheres in our country today are aimed at changing people's outlook, training a new generation of mature and expert personnel who can meet the demands of the times. Decree No. PF-4947 of the President of the Republic of Uzbekistan dated February 7, 2017 "On the Strategy of Actions for Further Development of the Republic of Uzbekistan", April 20, 2017 "Measures for Further Development of the Higher Education System" Resolution No. PQ-2909, dated November 5, 2018, "Additional measures to increase the quality of education in higher institutions and ensure their active participation in comprehensive reforms implemented in the country" Decision No. PQ-3775, Decree No. PF-5847 dated October 8, 2019 "On Approving the Concept for the Development of the Higher Education System of the Republic of Uzbekistan until 2030" are relevant to this activity. The tasks specified in the legislative documents determine the essence of the reforms carried out in the higher education system of our Republic.

In the process of reforms in the field of higher education in our republic, there are a number of problems that are waiting to be solved in terms of the training of highly qualified personnel, and among them, the issue of ensuring the quality of teaching in higher education at the required level has been raised. This, in turn, depends on the conditions for the appropriate organization of the student's adaptation to the new environment. This makes it one of the urgent tasks of today to train competent, creative and systematically thinking personnel who can make independent decisions in higher education institutions, to create the necessary conditions for them to demonstrate their intellectual abilities and develop as spiritually mature individuals. At the moment, a number of positive activities are being carried out in our Republic regarding the inclusion of young people in higher education, and objective conditions are being created that allow the applicant to enter the study.

The concept of adaptation (Latin adaptation) was first used in scientific treatment by the German physiologist H. Aubert in the second half of the 20th century (1865) to describe the adaptation of individuals to changes in the external environment. One of the important aspects of adaptation is the issue of socialization of the individual. Reciprocity of their adaptation and

socialization is of great importance in preparing future personnel at the level of modern requirements, in forming their professional competence. The most important thing is to control the students' assimilation of the standards set by both the society and the higher education institution.

The second aspect of the socialization of future personnel is that in today's process of globalization, we are witnessing that the "human-human" tension of the past is being replaced by the "human-technology" tension today. That's why today's student has great opportunities for socialization, and the proper organization of student's socialization was considered one of the urgent tasks of today.

The socialization of the student of the 1st stage to the higher education institution is in the environment of active interaction with the external environment, in the process of self-education, determining his goal independently, determining the ways to achieve it, worthy of his place in society. it will be realized and developed when it is evaluated.

A higher education institution is considered a social object, a social pedagogical system, and ensuring the adaptation of a student enrolled in a higher educational institution to a higher education institution requires psychological-pedagogical, social-psychological, psychological-physiological, personal motivational processes. includes. Each of these processes is related to the conditions that affect the student of the 1st stage who first stepped into a higher education institution. A student who has not been able to adapt to a higher educational institution from a social point of view is in a depressed state due to the deterioration of his health, his psyche, in relation to his chosen specialty, the emergence of situations of failure in studies, inability to join the group of fellow students, control his behavior. occurs in situations such as not receiving. Based on the results of the analysis of the causes of the shortcomings of the 1st stage students of the higher educational institution in adapting to the higher educational institution, these shortcomings are related to the student himself (subjective) and external conditions. it can be said that they are (objective) factors.

Subjective factors in the adaptation of the 1st-year student to the higher educational institution: the inability of the student to plan and rationally organize his daily activities, the lack of independent work skills related to training, the internal difficulty in interacting with his peers in the group If we consider the disadvantages, the objective reasons are that the information about the current structure of this higher educational institution, its location, history, current situation, and prospects was not delivered to the student, the group coach's lack of familiarity with the method of organizing a group team, "1st year school" the course is not organized systematically and according to the purpose, the educational load is not evenly distributed during the week, the criteria for evaluating the students' knowledge of the professors and the students are different, the lack of educational literature, the insufficient opportunity to benefit from the information resource center of the institute, the complex nature of the professors and teachers lecturing in scientific language, non-conscious assimilation of the given information by students, meeting of subjective situations in the appointment of the group leader are considered.

As a result of the influence of the above factors, it is appropriate to distinguish two characteristics of the student's adaptation to the higher educational institution: the first is the student's social and psychological adjustment, and the second is the student's adaptation to the

field of professional activity. The student's social adaptation to the higher educational institution is primarily related to the establishment of mutual relations with fellow students, to what extent he is ready to learn the values of moral norms in the academic group.

Secondly, the student's social adaptation depends on the existing internal rules of the faculty, the faculty administration, and the ability to establish mutual communication with professors and teachers.

Thirdly, interaction with the institution of higher education depends on the ability to harmonize the system of values and norms of the institution of higher education.

Fourthly, it depends on the level of assimilation of professional value specific to the chosen profession. In the adaptation of the 1st stage student to the field of professional activity, the personal attitude of the student to the choice of the teaching profession (parental instruction, his passion for the profession, the breadth of the opportunity to study) becomes important, leading to professional pedagogical training. In the directed activity, the student's desire to communicate with the group members, to make plans for a new way of life, to acquire the skills of self-expression, and to develop the skills of independent work are observed. As a result, in the process of adapting to the field of professional activity, he acquires a suitable social status and ensures reciprocity with the values of the social group to which he belongs.

It should be said that the adaptation of a student to a higher educational institution is carried out individually in each student based on his/her individual psychological characteristics, life experience and motivation for choosing this profession. The conditions created for the student's socialization at the higher educational institution allow the student to quickly and easily adapt to academic work.

For this purpose, we recommend to create the following conditions in the higher educational institutions.

- Acceptance of the student as a person by the science teacher and group coach teaching 1st-year students, correctly understanding the problem of "crises" that occur in the life of 1st-year students, and following the ideas of cooperative pedagogy, students' social on the basis of their understanding of the essence of adaptation and adaptation to the field of professional activity, it is necessary to achieve the appropriate use of teaching and training methods and tools that ensure the effectiveness of education.
- In order to ensure the successful adaptation of the student to the higher educational institution, group coaches should have complete information about each student, monitor them and record their results, and provide an individual approach to each student, follow them and diagnose maps. It is necessary to identify the causes of difficulties in the student's adaptation and develop a mechanism to eliminate the shortcomings.
- Cooperation between group coach, applied psychologist of higher educational institution, science teachers, Youth Union is important for successful adaptation of students to higher educational institution.
- To achieve the purposeful systematic organization of the "1st year school" training course by the group trainers, with the "Rules of internal procedure of the higher education institution", necessary notes on the rules of adaptation to the higher education institution, to the infrastructure of the higher education institution providing students with a prepared booklet in the first week of their studies.



- Deans of the faculty should carry out detailed explanations about the rights and duties and privileges of the students of the higher education institution, keep in touch with the family members of the students, and provide timely information about the privileges for talented students. Providing timely information about the types of assessment of student knowledge by the science teacher, requirements for it, control periods, forms, and objective assessment of student knowledge, skills, and independent educational tasks. , it is necessary to make it clear.
- The dean's department of educational areas will monitor the student's attendance and study, as well as identify talented students based on their academic achievements and establish targeted training for them in the "Teacher-Student" system.

In conclusion, it should be said that the social adjustment of students to the higher educational institution is considered an urgent problem, and the purposeful organization of this process is the basis for increasing the professional competence of future personnel.

### REFERENCES

1. O'zbekiston Respublikasi Prezidentining 2017 yil 7 fevraldagi "O'zbekiston Respublikasini yanada rivojlantirish bo'yicha Harakatlar strategiyasi to'g'risida" gi PF -4947 – sonli Farmoni.
2. O'zbekiston Respublikasi Prezidentining 2017 yil 20 apreldagi "Oliy ta'lim tizimini yanada rivojlantirish chora –tadbirlari to'g'risida"gi PQ 2909-sonli Qarori.
3. Erkaboeva, N. S., and M. U. Kurbanov. "Scientific Organization and Management of Pedagogical Team Activities." Spanish Journal of Innovation and Integrity 7 (2022): 103-107.
4. Erkaboeva, Nigora Sherमतovna, and Mukhtorova Maftuna Bakhromovna. "A MODERN APPROACH TO THE FORMATION OF PROFESSIONAL COMPETENCE IN FUTURE DEFECTOLOGISTS." Galaxy International Interdisciplinary Research Journal 10.12 (2022): 1723-1725.
5. Erkaboyeva, N. Sh. "FEATURES OF MODERN UZBEK FAMILIES." Ученый XXI века 4-1 (2016): 36-39.
6. Эркабоева, Нигора Шерमतовна. "ОСОБЕННОСТИ СОВРЕМЕННЫХ УЗБЕКСКИХ СЕМЕЙ." Ученый XXI века 4-1 (2016).
7. Erkaboeva, N., et al. "Pedagogical skills: in diagrams and pictures: Methodical manual." Tashkent: TDPU named after Nizami 14 (2012).
8. Эркабоева, Нигора, et al. "Педагогик маҳорат: схема ва расмларда." Т.:“Наврўз (2012).
9. Sherमतovna, Erkabayeva Nigora, and Yakubjonova Maftunakhan Islamjon Kizi. "STAGES OF FORMATION AND DEVELOPMENT OF MEDIAMADANIATIN." Galaxy International Interdisciplinary Research Journal 10.12 (2022): 272-274.
10. Fatima, Ibroximova, and Nigora Sherमतovna Erkaboyeva. "WAYS TO FORM THE QUALIFICATIONS OF THE SPECIAL EDUCATION INSTITUTION IN THE PRIMARY SCHOOL STUDENTS OF SOCIAL STANDARDS." Galaxy International Interdisciplinary Research Journal 11.2 (2023): 529-531.
11. Erkaboyeva, Nigora Sherमतovna, and Odinxon Elbek Qizi Elmurodova. "YOSHLARNI YANGI O 'ZBEKISTON SHAROITIDA IJTIMOIIY FAOLLIGINI OSHIRISH

ZAMONAVIY PEDAGOGIKA VA PSIXOLOGIYANING DOLZARB MUAMMOSI SIFATIDA." Academic research in educational sciences 5.NUU conference 3 (2023): 218-222.

12. Salieva, D. A. "Psychological peculiarities of the influence of motivation on the learning independence of the student of young school." *EPRA International Journal of Economic Growth and Environmental Issues* 8.3 (2020): 87-90.

13. Sadikovna, Rakhimova Khurshidakhon. "THE CONTENT OF PREPARING CHILDREN WITH COCHLEAR IMPLANTS FOR SCHOOL EDUCATION THROUGH CORRECTIVE-PEDAGOGICAL ACTIVITIES." (2023).

14. Abdullayevna, Salieva Dilorom, and Saipova Mehri Valievna. "Mental Characteristics Of Experience Teenagers From Labor Immigrant Families Who Feel Lonely." *Journal of Positive School Psychology* 6.11 (2022): 423-427.

15. Sadikovna, Rakhimova Khurshidakhon. "CHILDREN WITH HEARING PROBLEMS NEW ATTITUDES TO EDUCATION." *Galaxy International Interdisciplinary Research Journal* 11.11 (2023): 904-907.

16. Feruza, Teshabaeva, Mahmudova Madina, and Yuldasheva Dilbar. "The essence of inclusive education in developed countries." *European Journal of Research and Reflection in Educational Sciences* Vol 8.1 (2020).

17. Rakhimovna, Teshaboeva Feruza. "Teaching subjects in higher education on the basis of innovative technologies." *Science Promotion* 1.2 (2023): 98-104.

18. Teshaboeva, Feruza Raximovna. "Literacy education of speech impaired children as a pedagogical psychological problem." *Confrencea* 5.05 (2023): 299-302.

19. Sadikovna, Rakhimova Khurshidakhon, and Abdullayeva Halimakhan. "SPECIALIST AND FAMILY COLLABORATION IN ELIMINATING SEVERE SPEECH DEFECTS." *Galaxy International Interdisciplinary Research Journal* 11.11 (2023): 1066-1070.

20. Shahnigor, Rakhimova Khurshidakhon Sadikovna Khomidova. "FORMATION OF KNOWLEDGE, SKILLS AND COMPETENCES IN THE PROCESS OF TRAINING CHILDREN WITH HEARING DEFECTS TO WORK." *Confrencea* 3.03 (2023): 188-192.

21. Sadikovna, Rakhimova Khurshidakhon. "COCHLEAR IMPLANTATION: AN INNOVATION IN THE DEVELOPMENT OF TECHNOLOGY, MEDICINE, DEAF PEDAGOGY AND SPEECH THERAPY." *Open Access Repository* 4.2 (2023): 321-330.

22. Sadikovna, Rakhimova Khurshidakhon, and Rustamova Feruzabanu. "CONTRIBUTION OF CHARLES MIKHAIL EPE TO THE EDUCATION OF DEAF CHILDREN." *Galaxy International Interdisciplinary Research Journal* 11.3 (2023): 563-566.

23. O'ghiloy, Rakhimova Khurshidakhon Sadikovna Kurbanuva. "CHILDREN WITH LOCAL MOVEMENT DEFECTS." *Confrencea* 3.03 (2023): 226-230.

24. Raximova, Xurshidaxon. "NATIONAL AND FOREIGN ADVANCED TRENDS IN HIGHER EDUCATION EFFICIENCY IMPROVEMENT." *JOURNAL OF NORTHEASTERN UNIVERSITY* (2022).

25. Sadikovna, PhD Rakhimova Khurshidakhon, and Nabiyeva Umidakhan. "ORGANIZING SOCIAL WORK ACTIVITIES OF STUDENTS WITH HEARING PROBLEMS." (2023).

26. Sadikovna, PhD Rakhimova Khurshidakhon, and Odilova Rislig'oy. "PROBLEMS OF PREPARING HIGH SCHOOL STUDENTS WITH HEARING DEFECTS FOR FAMILY LIFE." (2023).

27. Sadikovna, PhD Rakhimova Khurshidakhan, and Sharafuddinova Zuhra. "FORMATION OF MATHEMATICAL CONCEPTS OF CHILDREN WITH HEARING DEFECT USING INNOVATIVE TECHNOLOGIES." (2023).
28. Komiljon, Raximova Xurshidaxon Sadikovna Sattarova Kamola. "PEDAGOGICAL AND EDUCATIONAL SYSTEM OF EDWARD SEGEN IN SPECIAL PEDAGOGY." *Confrencea* 3.03 (2023): 63-67.