

FORMATION OF SOCIAL ADAPTATION OF FUTURE DEFECTOLOGISTS WHEN WORKING WITH THE FAMILY

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ABSTRACT

This article reveals the views of future defectologists on social adaptation, social life, socialization of personality and the socialization of personality of Eastern thinkers.

Keywords: socialization, competence, personality, Eastern thinkers, professional education

An important role in the training of a specialist is played by his personal development and professional culture, since it helps to easily master professional competencies and significantly facilitate professional adaptational processes. This, of course, requires serious changes in ensuring the quality of training specialists. Today, high - quality professional education is a means of social protection, a guarantee of the stability of self-awareness of an individual at different stages of life.

Competency-oriented professional education is an objective phenomenon in education that arose on the basis of socio-economic, political, educational and pedagogical conditions: a flexible attitude, reaction of professional education to rapidly changing socio-economic conditions, to emerging processes, life situations along with a market economy. Because in the context of market relations, the requirements for a modern specialist are somehow changing. These changes are not sufficiently taken into account today in the programs and plans for training specialists. These new requirements are not strictly related to one or another science, they are subjective in nature and are distinguished by their universality. Their formation does not require new content, but the use of other pedagogical technologies.

Socialization and adaptation are closely related processes,

it manifests itself in the unity of the interaction of the individual with the family, neighborhood, general public. Translated from Latin, the term "adaptation" means "adaptation", "adjustment". The term originally referred to the science of biology and meant adaptation to external conditions, morphophysiological and behavioral criteria in the process of evolution of an organism. In our eyes, adaptation means to set a goal for oneself by self – adaptation to the peculiarities of life, the environment, to show talent and abilities.

In other words, we can also understand the environment as adaptation to it by adopting its own characteristics, that is, it is the process of adaptation to the society in which a person lives, to progress.

"Social adaptation (lot. Socialis-socialized) is the process of assimilation by an individual of the norm of activity and behavior inherent in the traditions of a particular culture, awareness of values and procedures".

As a rule, socialization occurs with the general development of the individual, and adaptation is the optimal social environment, conditions, interaction and

determined by the target activity.

Social adaptation under the individual's process of becoming a person

the conductor is a concept related to the quality of the feedback. Person the satisfaction of one's own needs throughout one's life, the realization of certain actions in the interests of oneself and others, arises through his interaction with other people. Social adaptation occurs when an optimal environment for interpersonal relationships is created. If an optimal environment is not created, interpersonal relationships are psychological from the point of view of each other's age, interest, worldview, attitude to life the process of social adaptation, if not manifested in the way of understanding, understanding does not go effectively.

Social adaptation takes place in the context of different relationships.

The degree of adaptability of an individual is determined by the characteristics of the social environment and

expressed by the personal qualities of a person. As you know,

the basis of the socialization process is the adaptation of a person to the environment consists of, under the influence of which the person belongs to an equal member of society, becomes an active participant in various relationships. Human social adaptation in relation to relationships in society changes, and in it the level of compliance with the requirements of society increases goes. The human life path of individual socialization follows directions take place in Zamiri: activity, communication and self-awareness.

High knowledge and erudition, professional formation, finding a place in life have long been of interest to Eastern thinkers. There is enough reason to say that at the beginning of the treasure of knowledge stood our great ancestors, whose names are known to the whole world. Among them are mathematical and astronomical scientists:

al-Khwarizmi, al-Farghani, Jawhari, Marwazi, Mirzo Ulugbek; philosopher and legal scholars: Abu Nasr Farabi, al-Bukhari, at-Termiziy, Marghilani, Nasafi; qomusi scholars: Abu Rayhan Beruniy, Abu Ali ibn Sino; linguist scholar and ADIBS: Mahmud Kashgari, Yusuf Khos Hajib, az-Zamakhshari, Mir Alisher Navoi; historian and poets: Zahiriddin Muhammad Babur, Abulghazi bakhodirkhan, Alakhi and others can be cited.

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