### THE VALIDITY OF THE CONCEPT OF SPIRITUALITY IN THE ACTIVITY OF A SOCIAL WORKER

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#### ABSTRACT

The article covers the tables of the predominance and relevance of the spiritual aspect in the professional activities of social work in the period of sustainable development in our country today.

Keywords: social worker, spiritual maturity, society, Confucius, virtue, activity, ethics.

#### INTRODUCTION

The demand for social workers in this field in general has been developing since before, but the special training of specialists in this field began to develop in Western Europe in the 19th and 20th centuries. One of the main reasons for this is the high level of socialization in society and the need for a social worker. The first teacher in life for a person is need and experience. It is these things that bring a person to the level of distinguishing between useful and harmful things. When the need for certain things increases in society, the offer for it appears.

Social work is a professional activity aimed at solving relationships between people and assisting in social changes in society, providing help and support in order to improve their life well-being.

As a profession that works with all layers of society, the spiritual aspects of a social worker, their sufficient refinement, are of great importance. Thinkers have long been interested in views on the role of the spiritual factor in the professional activity of people at different levels, especially in social work. In particular, Confucius puts spiritual virtue above all else in man and society and associates it mainly with moral categories. Taking into account the fact that he helps people mentally, domestically, and spiritually, a social worker should acquire all the spiritual skills required for his professional activity.

### LITERATURE ANALYSIS AND METHODOLOGY

The works of European and Uzbek scientists who contributed to the development of social work and the wise words of philosophers were used to illuminate the article. In particular, M.Kh. The book "Ethics of Social Work" created under the leadership of Ganiyeva was widely used. In the process of analyzing the topic, the scientific works of several local and foreign scientists were studied, and research methods such as observation and generalization were used to illuminate the topic.

#### RESULTS

The great thinker Aristotle rightly states that "the spiritual qualities of a person are formed in activities that bring benefit and pleasure to the whole society on the one hand, and to the person himself on the other hand."

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Since ancient times, scientists have paid special attention to the issue of education in the improvement of human spiritual qualities. At the same time, a number of researchers have generally defined the moral criteria as follows:

- 1. Free, independent thinking;
- 2. Taking into account the opinion of others;
- 3. To be knowledgeable, willing, moral, public-spirited, loyal to the country;
- 4. To love one's profession;
- 5. Incident reacting to incidents;
- 6. Active participation in social work.

Thus, the leading place in the formation of social workers, the main regulator of their activities and behavior, and the moral component that expresses the ideological superiority and belief in social and social workers belongs to the component. The moral maturity of social workers is formed not only by the important conclusions of life experience under certain conditions, and its position in society can be measured by this.

In 1994, the document entitled "Social Work Ethics: Principles and Theory" was adopted in Colombo. This document consists of two parts:

- I. The International Declaration of Principles of Social Work"
- II. "International Ethical Standards of Social Workers". The following principles are highlighted in the Declaration of Ethical Principles of Social Work:
- 1. Every person is a unique phenomenon, he should pay attention to it from a moral point of view.
- 2. Every person has the right to act without prejudice to the rights of others in meeting his needs, and he should contribute to the improvement of the welfare of society.
- 3. Every society, regardless of the form of management, should strive to provide maximum benefits to each of its members.
- 4. Social workers are subject to the principles of social justice.
- 5. A social worker should use his knowledge, skills, and abilities for the development of individual people, groups, communities, and societies, to resolve personal-social conflicts, and to eliminate their consequences.
- 6. social work is based on rejection of discrimination. therefore, it is carried out regardless of the customers' gender, age, nationality, religious belief, language, political beliefs, sexual orientation. 7. Social workers are every person and society while respecting the rights of the group, its independence and dignity, it is based on the UN Charter of Human Rights and other international documents.
- 8. Social work is based on the principle of protecting the privacy of clients, which includes freedom of choice and professional secrecy, the right of the client to explain his rights and the nature of his "personal case".
- 9. Social workers maintain professional confidentiality, even if it is against our current legislation. Social work is based on client participation and cooperation. Social workers must work with clients to solve any complex task they face. Social work as a professional activity affects the qualities of a person on the one hand, and on the other hand, it is necessary to take into account that there are qualities specific to the owners of each profession.

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Spiritual qualities are directly related to the moral norm, and a person evaluates and sees certain aspects of behavior in a generalized form. He determines whether he should act. therefore, the moral qualities of a social worker are related not only to his human qualities, but also to his professional activity.

Spiritual qualities are considered to be the manifestation of the spiritual factor at the individual level, and enable social work workers to acquire and re-apply knowledge, ethics, education, artistic and aesthetic values. In order to increase the efficiency of social work, it is necessary to restore the staff of "Social work" in neighborhoods and preschools.

#### CONCLUSION

In conclusion, the issue of spirituality is an important issue for every society. In his time, the great scholar Abu Nasr Farabi in his work "The City of Virtuous People" emphasized the need to combine 12 qualities in forming young people as leaders. It is impossible to have all 12 qualities in one person, because people who have such innate qualities are very rare and they are rare people. even when he matures, he will be able to lead the city of virtues due to his unique intelligence and intelligence. In the same way, a social worker should be able to act as a mirror for the society, considering the work with different layers of the society. Spiritual qualities are the most important factor for the success of social workers in their professional activities. On the other hand, if a social worker demonstrates his moral qualities in the community, social workers who have reputation will be the best for the whole society. as an element becomes an example of spiritual maturity to the environment.

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